

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMENS - 44 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bulhac Valentina MOL (1/11/2014)	67,5	Bulhac Valentina MOL (1/11/2014)	42,5	Bulhac Valentina MOL (1/11/2014)	75	Bulhac Valentina MOL (1/11/2014)	180
<b>T2</b>		0	Desmet Cindy BEL 1996	40,5		0		0
<b>T3</b>	Rutherford Haley ENG (28/3/15)	65	Rutherford Haley ENG (28/3/15)	35	Rutherford Haley ENG (28/3/15)	90	Rutherford Haley ENG (28/3/15)	190
<b>JR</b>	O Donnel Tara IRE ( 14/4/14)	25	O Donnel Tara IRE ( 14/4/14)	0	O Donnel Tara IRE ( 14/4/14)	0		0
<b>SR</b>	Guthrie Karen IRE (12/11/2016)	75,5	Lane Barb ENG 1992	47,5	Guthrie Karen IRE (12/11/2016)	115,5	Guthrie Karen IRE (12/11/2016)	232,5
<b>M1</b>		0		0		0		0
<b>M2</b>	FLANAGAN Imelda ENG 10	70	Flanagan melda ENG 2009	37,5	Flanagan Imelda ENG 2010	112,5	Flanagan Imelda ENG 2010	217,5
<b>M3</b>	Flanagan Imelda ENG 2011	75	Flanagan melda ENG 2011	40	Flanagan Imelda ENG 2011	110	Flanagan Imelda ENG 2011	222,5
<b>M4</b>	REEVES P ENG 05	40	Reeves Pat ENG 2005	32,5	Reeves Pat ENG 2005	100	Reeves Pat ENG 2005	172,5
<b>M5</b>	REEVES P ENG 06	40	Reeves Pat ENG 2006	32,5	Reeves Pat ENG 2006	97,5	Reeves Pat ENG 2006	167,5
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 44 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bulhac Valentina MOL (1/11/2014)	67,5	Bulhac Valentina MOL (1/11/2014)	42,5	Bulhac Valentina MOL (1/11/2014)	75	Bulhac Valentina MOL (1/11/2014)	180
<b>T2</b>		45	Brost Shea USA 1996	42,5		52,5		122,5
<b>T3</b>	Rutherford Haley ENG (28/3/15)	65	Rutherford Haley ENG (28/3/15)	35	Rutherford Haley ENG (28/3/15)	90	Rutherford Haley ENG (28/3/15)	190
<b>JR</b>		55		30		70		150
<b>SR</b>	GEDNEY J. USA 05	92,5	Gedney Judith USA 1991	70	Guthrie Karen IRE (12/11/2016)	115,5	Gedney Judith USA 2005	250
<b>M1</b>	LOOMES Julie (2009) AUS	65	Loomes Julie AUS 2000	52,5	LOOMES Julie AUS 2000	110		220
<b>M2</b>	FLANAGAN Imelda ENG 10	70	Gedney Judith USA 1990	67,5	Flanagan Imelda ENG 2010	112,5	Flanagan Imelda ENG 2010	217,5
<b>M3</b>	Flanagan Imelda ENG 2011	75	Gedney Judith USA 1991	70	Flanagan Imelda ENG 2011	110	Flanagan Imelda ENG 2011	222,5
<b>M4</b>		50	Gedney Judith USA 1996	55	Reeves Pat ENG 2005	100	Reeves Pat ENG 2005	172,5
<b>M5</b>		47,5	Reeves Pat ENG 2006	32,5	Reeves Pat ENG 2006	97,5	Reeves Pat ENG 2006	167,5
<b>M6</b>	GEDNEY J. USA 05	92,5	Gedney Judith USA 2005	47,5	Gedney Judith USA 2008	113,5	Gedney Judith USA 2005	250
<b>M7</b>	Gedney Judith 2010	70	Gedney Judith USA (12/11/2011)	51	Gedney Judith USA 2010	115	Gedney Judith USA 2010	232,5
<b>M8</b>		35		25		45		105
<b>M9</b>		32,5		25		42,5		100
<b>M10</b>		30		25		35		90

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMENS - 47,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Rutherford Hayley SCT (12/11/2011)	62,5	Rutherford Hayley SCT (05/04/2014)	35,5	Rutherford Hayley SCT (12/11/2011)	82,5	Howell Mia GBR (5/05/2018)	127,5
<b>T2</b>	Lambeth Chloe ENG 08	77,5	THOMPSON Paula ENG 1990	40	Lambeth Chloe ENG 2008	110	Lambeth Chloe ENG 2008	225
<b>T3</b>	Van Casteren Hanne BEL 11/02/17	85	Van Casteren Hanne BEL 11/02/17	50	Rutherford Hayley SCT (31/10/2015)	105	Van Casteren Hanne BEL 11/02/17	235
<b>JR</b>	Monaghan Amanda GBR (29/07/2018)	97,5	Casser Jen ENG (28/3/15)	52,5	Monaghan Amanda GBR (29/07/2018)	112,5	Monaghan Amanda GBR (29/07/2018)	260
<b>SR</b>	Debono Maria MAL (7/10/17)	106,5	Smith Suzanne ENG 1992	82,5	Tobias Lisa ENG (27/2/16)	145	Priore Silvia ITA (29/04/2017)	302,5
<b>M1</b>		0		0		0		0
<b>M2</b>		0	Cherbonnel Marie FRA 1992	76		0		0
<b>M3</b>		0	Bouille Lilliane FRA 1996	47,5		0		0
<b>M4</b>		0		0		0		0
<b>M5</b>	Reeves Pat ENG 07	40	Reeves Pat ENG 2007	35	Reeves Pat ENG 2007	100		172,5
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 47,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Rutherford Hayley SCT (12/11/2011)	62,5	Rutherford Hayley SCT (12/11/2011)	35,5	Rutherford Hayley SCT (12/11/2011)	82,5	Rutherford Hayley SCT (12/11/2011)	180
<b>T2</b>	Lambeth Chloe ENG 08	77,5	Brost Shea USA 1997	47,5	Lambeth Chloe ENG 2008	110	Lambeth Chloe ENG 2008	225
<b>T3</b>	Van Casteren Hanne BEL 11/02/17	85	Van Casteren Hanne BEL 11/02/17	50	Rutherford Hayley SCT (31/10/2015)	105	Van Casteren Hanne BEL 11/02/17	235
<b>JR</b>	Monaghan Amanda GBR (29/07/2018)	97,5	Casser Jen ENG (28/3/15)	52,5	Monaghan Amanda GBR (29/07/2018)	112,5	Monaghan Amanda GBR (29/07/2018)	260
<b>SR</b>	Debono Maria MAL (7/10/17)	106,5	Smith Suzanne ENG 1992	82,5	Tobias Lisa ENG (27/2/16)	145	Priore Silvia ITA (29/04/2017)	302,5
<b>M1</b>	Loomes July AUS 99	70	Kovalchik Paula USA 1999	70	LOOMES Julie AUS 1999	120		237,5
<b>M2</b>		60	Cherbonnel Marie FRA 1992	76		70		160
<b>M3</b>	LOOMES Julie AUS 09	65	Gedney Judith USA 1992	67,5	LOOMES Julie AUS 2009	110	Loomes Julie AUS 2009	222,5
<b>M4</b>	Gedney Judith USA 99	85	Gedney Judith USA 1997	57,5	Gedney Judith USA 1999	115	Gedney Judith USA 1999	250
<b>M5</b>	Gedney Judith USA 04	95	Gedney Judith USA 2002	50,5	Gedney Judith USA 2004	115,5	Gedney Judith USA 2004	257,5
<b>M6</b>	Gedney Judith USA 06	85	Gedney Judith USA 2009	49	Gedney Judith USA 2009	113	Gedney Judith USA 2006	242,5
<b>M7</b>		40		25		52,5		117,5
<b>M8</b>		37,5		25		50		112,5
<b>M9</b>		35		25		45		105
<b>M10</b>		32,5		25		37,5		95

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMENS - 50,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Wyss Chloë SWI (31/10/2015)	62,5	Wyss Chloë SWI (31/10/2015)	35	Wyss Chloë SWI (31/10/2015)	72,5	Wyss Chloë SWI (31/10/2015)	167,5
<b>T2</b>	Rutherford Hayley SCT 07/04/2013	68	Rutherford Hayley SCT 07/04/2013	37,5	Rutherford Hayley SCT 07/04/2013	90	Rutherford Hayley SCT 07/04/2013	195
<b>T3</b>	Pierce Serena IRE (4/11/2017)	65,5	Wilson Danielle GBR (25/02/2017)	40	Wilson Danielle GBR (25/02/2017)	95	Wilson Danielle GBR (27/02/2017)	197,5
<b>JR</b>	Cassar Jen ENG (31/10/2015)	105,5	Zarubina Natalia RUS 2006	65	Hourihane Anna IRE (18/04/2015)	130,5	Zaburina Natalia RUS 2006	300
<b>SR</b>	Tatman Leoni GBR (25/02/2017)	113,5	Smith Suzanne ENG 1993	85	Bertoli Maruska ITA (31/10/2015)	155	Bertoli Maruska ITA (31/10/2015)	340
<b>M1</b>		0	Reuillon Helene FRA 1991	60		0		0
<b>M2</b>		0	Cherbonnel Marie FRA 1993	77,5		0		0
<b>M3</b>	Watson Lesley ENG 03	57,5	Guinard Marie FRA 1993	65	Watson Lesley ENG 03	100	Watson Lesley ENG 03	222,5
<b>M4</b>	MacDonald Fiona GBR (25/02/2017)	62,5	MacDonald Fiona GBR (25/02/2017)	45	MacDonald Fiona GBR (25/02/2017)	105	McGee Sharon N.IR (12/11/2011)	165
<b>M5</b>	Reeves Pat ENG 09	25		32,5	Reeves Pat ENG 2009	100	Reeves Pat ENG 2009	157,5
<b>M6</b>	Tombs Patricia ENG 07/04/2013	72,5	Tombs Patricia ENG (27/02/16)	45,5	Tombs Patricia ENG (27/02/16)	105	Tombs Patricia ENG (28/3/15)	212,5
<b>M7</b>	Tombs Patricia GBR (25/02/2017)	65	Tombs Patricia GBR (25/02/2017)	47,5	Tombs Patricia GBR (25/02/2017)	105	Tombs Patricia ENG (27/3/2017)	217,5
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 50,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Wyss Chloë SWI (31/10/2015)	62,5	Wyss Chloë SWI (31/10/2015)	35	Wyss Chloë SWI (31/10/2015)	72,5	Wyss Chloë SWI (31/10/2015)	167,5
<b>T2</b>	Rutherford Hayley SCT 07/04/2013	68	Bodlak Melanie USA 1996	50	Rutherford Hayley SCT 07/04/2013	90	Rutherford Hayley SCT 07/04/2013	195
<b>T3</b>	Pierce Serena IRE (4/11/2017)	65,5	Glines Amber USA 1997	45	Faith Wood USA ( 27/7/18)	96	Wilson Danielle GBR (27/02/2017)	197,5
<b>JR</b>	Cassar Jen ENG (31/10/2015)	105,5	Zarubina Natalia RUS 2006	65	Hourihane Anna IRE (18/04/2015)	130,5	Zaburina Natalia RUS 2006	300
<b>SR</b>	Tatman Leoni GBR (25/02/2017)	113,5	Smith Suzanne ENG 1993	85	Bertoli Maruska ITA (31/10/2015)	155	Bertoli Maruska ITA (31/10/2015)	340
<b>M1</b>		65	Frazier Shellaine USA 13/07/2013	65	Frazier Shellaine USA 13/07/2013	111	Frazier Shellaine USA 13/07/2013	235
<b>M2</b>	Loomes Julie AUS 03	75	Cherbonnel Marie FRA 1993	77,5	Loomes Julie AUS 2003	120	Loomes Julie AUS 2003	240
<b>M3</b>	Gow Rose AUS 06/09/14	77,5	Guinard Marie FRA 1993	65	Gow Rose AUS (6/9/14)	132,5	Gow Rose AUS (6/9/14)	257,5
<b>M4</b>	MacDonald Fiona GBR (25/02/2017)	62,5	Gedney Judith USA 1998	65	MacDonald Fiona GBR (25/02/2017)	105	McGee Sharon N.IR (12/11/2011)	165
<b>M5</b>	Gedney Judith USA 03	92,5	Gedney Judith USA 2003	45	Gedney Judith USA 2003	115	Gedney Judith USA 2003	250
<b>M6</b>	Tombs Patricia ENG 07/04/2013	72,5	LaFontaine Linda USA 24/6/17	46	Tombs Patricia ENG (27/02/16)	105	Tombs Patricia ENG (28/3/15)	212,5
<b>M7</b>	Tombs Patricia GBR (25/02/2017)	65	Tombs Patricia GBR (25/02/2017)	47,5	Tombs Patricia GBR (25/02/2017)	105	Tombs Patricia ENG (27/3/2017)	217,5
<b>M8</b>		40		25		55		120
<b>M9</b>		37,5		25		47,5		110
<b>M10</b>		35		25		40		100

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMENS - 53 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Phillips Becky IRE (7/5/16)	80	Phillips Becky IRE (7/5/16)	30	Phillips Becky IRE (7/5/16)	105	Phillips Becky IRE (7/5/16)	215
<b>T2</b>	Butter Bobbie ENG 07/04/2013	95	Butters Bobbie ENG 07/04/2013	55	Butters Bobbie ENG 07/04/2013	126,5	Butters Bobbie ENG 07/04/2013	275
<b>T3</b>	Butters Bobbie ENG (2/11/2013)	120	Butters Bobbie ENG (2/11/2013)	65	Butters Bobbie ENG (2/11/2013)	140	Butters Bobbie ENG (2/11/2013)	325
<b>JR</b>	Walker Sophie ENG ( 27/02/16)	117,5	Peart Danielle ENG (10/05/2014)	60	Smith Nicol GBR (29/07/2018)	132,5	Smith Nicol GBR (29/07/2018)	292,5
<b>SR</b>	Bertoli Maruska ITA (29/04/2017)	125	Blindt Annette ENG 1991	87,5	Bertoli Maruska ITA (29/04/2017)	165	Bertoli Maruska ITA (29/04/2017)	365
<b>M1</b>	Lozana Rose FRA 2002	100	Reuillon Helene FRA 1993	62,5	Holohan Angela IRE (12/11/2016)	147,5	Lozano Rose FRA 2002	300
<b>M2</b>	Negodyuk Olga ukr (1/11/2014)	105	Negodyuk Olga ukr (1/11/2014)	65	Lozano Rose FRA 2006	140	Lozano Rose FRA 2006	305
<b>M3</b>	Bethell Sue WAL (28/3/2015)	85	Soulard A. FRA 1992	60	Bethell Sue WAL (18/04/2015)	150	Bethell Sue WAL (28/3/2015)	280
<b>M4</b>	Bethell Sue WAL (27/02/16)	87,5	MacDonald Fiona GBR (29/07/2018)	55	Bethell Sue WAL (27/02/16)	155	MacDonald Fiona GBR (29/07/2018)	250
<b>M5</b>		0		0		0		0
<b>M6</b>		65	LaFontaine Linda USA (4/11/2017)	47,5	LaFontaine Linda USA (4/11/2017)	95	LaFontaine Linda USA (4/11/2017)	207,5
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 53 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Phillips Becky IRE (7/5/16)	80	Phillips Becky IRE (7/5/16)	30	Phillips Becky IRE (7/5/16)	105	Phillips Becky IRE (7/5/16)	215
<b>T2</b>	Butter Bobbie ENG 07/04/2013	95	Butters Bobbie ENG 07/04/2013	55	Butters Bobbie ENG 07/04/2013	126,5	Butters Bobbie ENG 07/04/2013	275
<b>T3</b>	Butters Bobbie ENG (2/11/2013)	120	Blisset Tanya USA 1997	82,5	Butters Bobbie ENG (2/11/2013)	140	Butters Bobbie ENG (2/11/2013)	325
<b>JR</b>	Walker Sophie ENG ( 27/02/16)	117,5	Peart Danielle ENG (10/05/2014)	60	Smith Nicol GBR (29/07/2018)	132,5	Smith Nicol GBR (29/07/2018)	292,5
<b>SR</b>	Bertoli Maruska ITA (29/04/2017)	125	Blindt Annette ENG 1991	87,5	Bertoli Maruska ITA (29/04/2017)	165	Bertoli Maruska ITA (29/04/2017)	365
<b>M1</b>	Lozana Rose FRA 2002	100	Elwyn Susan USA 1992	70	Holohan Angela IRE (12/11/2016)	147,5	Lozano Rose FRA 2002	300
<b>M2</b>	Negodyuk Olga ukr (1/11/2014)	105	Frazier Shellaine USA 24/6/17	76	Lozano Rose FRA 2006	140	Lozano Rose FRA 2006	305
<b>M3</b>	Bethell Sue WAL (28/3/2015)	85	Sullivan Sue USA 1996	67,5	Bethell Sue WAL (18/04/2015)	150	Bethell Sue WAL (28/3/2015)	280
<b>M4</b>	Bethell Sue WAL (27/02/16)	87,5	MacDonald Fiona GBR (29/07/2018)	55	Bethell Sue WAL (27/02/16)	155	MacDonald Fiona GBR (29/07/2018)	250
<b>M5</b>		57,5	Barron Loretta USA 1996	45		67,5		155
<b>M6</b>	LaFontaine Linda USA (4/11/2017)	65	LaFontaine Linda USA (4/11/2017)	47,5	LaFontaine Linda USA (4/11/2017)	95	LaFontaine Linda USA (4/11/2017)	207,5
<b>M7</b>		47,5		27,5		62,5		137,5
<b>M8</b>		42,5		25		57,5		125
<b>M9</b>		40		25		50		115
<b>M10</b>		37,5		25		42,5		105

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMENS - 55,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Rayner Lucy ENG 07/04/13	85	Rayner Lucy ENG 07/04/2013	55	Rayner Lucy ENG 07/04/2013	105	Rayner Lucy ENG 07/04/2013	245
<b>T2</b>	Adabasi Tola IRE (7/5/16)	87,5	Cambi Anna ITA (29/04/2017)	55	Donohue Amy IRE (18/04/2015)	120	Donohue Amy IRE (18/04/2015)	247,5
<b>T3</b>	Donohue Amy IRE (15/08/2015)	92,5	Cerba Ina MOL (1/11/2014)	57,5	Donohue Amy IRE (15/08/2015)	125	Donohue Amy IRE (15/08/2015)	255
<b>JR</b>	O'Riordan Laura IRE (31/10/2015)	112,5	Walker Sophie ENG (28/3/15)	62,5	Downey Rachel IRE ( 7/5/16)	140,5	O'Riordan Laura IRE (31/10/2015)	305
<b>SR</b>	James Aillicia GBR (4/11/2017)	120	Blindt Annette ENG 1992	87,5	Fox Louise ENG 2011	170	FOX Louise ENG ( 7/4/12 )	345
<b>M1</b>	Lozana Rose FRA 2001	105	Lozano Rose FRA 2005	64	Fox Louise ENG (27/10/2012)	142,5	Lozano Rose FRA 2001	307,5
<b>M2</b>	Evans Wendy GBR (25/02/2017)	112,5	Evans Wendy GBR (25/02/2017)	66	Evans Wendy GBR (25/02/2017)	141	Evans Wendy GBR (27/02/2017)	317,5
<b>M3</b>	Lozano Rose FRA (28/3/15)	105,5	Lozano Rose FRA (12/11/2011)	60	Lozano Rose FRA (12/11/2011)	137,5	Lozano Rose FRA (12/11/2011)	297,5
<b>M4</b>	Lozano Rose FRA (19/3/16)	105	Lozano Rose FRA (19/3/16)	57,5	Lozano Rose FRA (25/3/17)	130	Lozano Rose FRA (19/3/16)	282,5
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 55,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Rayner Lucy ENG 07/04/13	85	Rayner Lucy ENG 07/04/2013	55	Steed Mary AUS 2007	110	Rayner Lucy ENG 07/04/2013	245
<b>T2</b>	Adabasi Tola IRE (7/5/16)	87,5	Bodlak Melanie USA 1997	60	Donohue Amy IRE (18/04/2015)	120	Donohue Amy IRE (18/04/2015)	247,5
<b>T3</b>	Donohue Amy IRE (15/08/2015)	92,5	Blisset Tanya USA 1997	82,5	Donohue Amy IRE (15/08/2015)	125	Donohue Amy IRE (15/08/2015)	255
<b>JR</b>	O'Riordan Laura IRE (31/10/2015)	112,5	Baum Laura USA 24/6/17	67,5	Downey Rachel IRE ( 7/5/16)	140,5	Baum Laura USA 24/6/17	307,5
<b>SR</b>	Mattingly Carmella USA 13/07/13	132,5	Blindt Annette ENG 1992	87,5	Fox Louise ENG 2011	170	Mattingly Carmella USA 13/07/13	347,5
<b>M1</b>	Mattingly Carmella USA 13/07/13	132,5	Mattingly Carmella USA 13/07/2013	72,5	Fox Louise ENG (27/10/2012)	142,5	Mattingly Carmella USA 13/07/2013	347,5
<b>M2</b>	Evans Wendy GBR (25/02/2017)	112,5	Frazier Shellaine USA 11/06/16	72,5	Evans Wendy GBR (25/02/2017)	141	Evans Wendy GBR (27/02/2017)	317,5
<b>M3</b>	Lozano Rose FRA (28/3/15)	105,5	Elwyn Susan USA 1997	65	Lozano Rose FRA (12/11/2011)	137,5	Lozano Rose FRA (12/11/2011)	297,5
<b>M4</b>	Lozano Rose FRA (19/3/16)	105	Lozano Rose FRA (19/3/16)	57,5	Lozano Rose FRA (25/3/17)	130	Lozano Rose FRA (19/3/16)	282,5
<b>M5</b>		62,5	Roy Bernice USA 1996	35		72,5		167,5
<b>M6</b>		60		30		70		160
<b>M7</b>		50		27,5		65		142,5
<b>M8</b>		45		25	Rodda Jonnie AUS 2007	62,5		132,5
<b>M9</b>	Rodda Jonnie AUS 2007	55,5		25		55	Rodda Jonnie AUS 2007	170
<b>M10</b>		40		25		45		110

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMENS - 58,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Ducker Shaoifra IRE (7/5/16)	65	Ducker Shaoifra IRE (7/5/16)	37,5	Ducker Shaoifra IRE (7/5/16)	100	Ducker Shaoifra IRE (7/5/16)	202,5
<b>T2</b>	Bielanska Anna IRE (29/07/2018)	90,5	Cozzetto Milena ITA (12/11/2016)	50	Bielanska Anna IRE (29/07/2018)	115	Dendy Alice ENG (05/04/2014)	245
<b>T3</b>	Fitzgerald Leanne IRE (14/4/14)	90	Milano Natalia ITA (31/10/2015)	50	Fitzgerald Leanne IRE (14/4/14)	100	Fitzgerald Leanne IRE (14/4/14)	277,5
<b>JR</b>	Puricelli Lucia GBR (25/02/2017)	130,5	Hannant Amber GBR (4/11/2017)	80	Wuyts Helen BEL (12/11/2011)	180	Wuyts Helen BEL (12/11/2011)	375
<b>SR</b>	Raja Sunita GBR (29/07/2018)	115	Maathieu D. FRA	85	Wuyts Helen BEL (12/11/2011)	180	Wuyts Helen BEL (12/11/2011)	375
<b>M1</b>	Neirinck Zoe IRE (7/5/16)	105	Baykal Pelin ENG (2/11/2013)	62,5	Baykal Pelin ENG (2/11/2013)	145	Baykal Pelin ENG (2/11/2013)	310
<b>M2</b>	Evans Wendy WAL (27/02/16)	115	Evans Wendy WAL 2016	57,5	Evans Wendy WAL (27/02/16)	135	Evans Wendy WAL (27/02/16)	302,5
<b>M3</b>	Bethell Sue WAL (2/11/2013)	85,5	Hannis Amanda GBR (25/02/2017)	55	Bethell Sue WAL (2/11/2013)	145,5	Bethell Sue ENG 07/4/2013	275
<b>M4</b>	Iaccarino Teresa ITA 2004	70	Iaccarino Teresa ITA 2004	40	Iaccarino Teresa ITA 2007	100	Iaccarino Teresa ITA 2004	210
<b>M5</b>	Morgan-Jones Alice USA (4/11/2017)	88	Morgan-Jones Alice USA (4/11/2017)	60,5	Morgan-Jones Alice USA (4/11/2017)	115	Morgan-Jones Alice USA (4/11/2017)	262,5
<b>M6</b>	Walker Chaterine ENG (28/3/15)	90	Baron Marie Frances FRA 25/3/17	55	Baron Marie Frances FRA 25/3/17	140	Baron Marie Frances FRA 25/3/17	280
<b>M7</b>	Walter Helen Catherine GBR (12/11/20)	95	Walter Helen Catherine GBR (29/07/20)	37,5	Walter Helen Catherine GBR (12/11/20)	100	Walter Helen Catherine GBR (12/11/20)	225
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 58,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Ducker Shaoifra IRE (7/5/16)	65	Ducker Shaoifra IRE (7/5/16)	37,5	Ducker Shaoifra IRE (7/5/16)	100	Ducker Shaoifra IRE (7/5/16)	202,5
<b>T2</b>	Bielanska Anna IRE (29/07/2018)	90,5	Sarris Maria USA 1996	52,5	Bielanska Anna IRE (29/07/2018)	115	Dendy Alice ENG (05/04/2014)	245
<b>T3</b>	Fitzgerald Leanne IRE (14/4/14)	90	Tollefsen Jill USA 1997	68	Fitzgerald Leanne IRE (14/4/14)	100	Fitzgerald Leanne IRE (14/4/14)	277,5
<b>JR</b>	Puricelli Lucia GBR (25/02/2017)	130,5	Schultz Rea USA 1999	87,5	Wuyts Helen BEL (12/11/2011)	180	Wuyts Helen BEL (12/11/2011)	375
<b>SR</b>	Raja Sunita GBR (29/07/2018)	115	Altizer Betina USA 1991	102,5	Wuyts Helen BEL (12/11/2011)	180	Wuyts Helen BEL (12/11/2011)	375
<b>M1</b>	Neirinck Zoe IRE (7/5/16)	105	Brady Sandy USA 1992	70,5	Baykal Pelin ENG (2/11/2013)	145	Baykal Pelin ENG (2/11/2013)	310
<b>M2</b>	Evans Wendy WAL (27/02/16)	115	Davis Pamela USA 1994	75	Evans Wendy WAL (27/02/16)	135	Evans Wendy WAL (27/02/16)	302,5
<b>M3</b>	Bethell Sue WAL (2/11/2013)	85,5	Hannis Amanda GBR (25/02/2017)	55	Bethell Sue WAL (2/11/2013)	145,5	Bethell Sue ENG 07/4/2013	275
<b>M4</b>	Morgan Kim USA 13/07/13	80	Hayes Nancy USA 1997	65	Morgan Kim USA 13/07/2013	101	Morgan Kim USA 13/07/2013	237,5
<b>M5</b>	Morgan-Jones Alice USA (4/11/2017)	88	Morgan-Jones Alice USA (4/11/2017)	60,5	Morgan-Jones Alice USA (4/11/2017)	115	Morgan-Jones Alice USA (4/11/2017)	262,5
<b>M6</b>	Walker Chaterine ENG (28/3/15)	90	Baron Marie Frances FRA 25/3/17	55	Baron Marie Frances FRA 25/3/17	140	Baron Marie Frances FRA 25/3/17	280
<b>M7</b>	Walter Helen Catherine GBR (12/11/20)	95	Walter Helen Catherine GBR (29/07/20)	37,5	Walter Helen Catherine GBR (12/11/20)	100	Walter Helen Catherine GBR (12/11/20)	225
<b>M8</b>	Rodda Margeret AUS 2006	52,5		30		65		140
<b>M9</b>		45	Rodda Margaret AUS 2006	30	Rodda Margaret AUS 2006	70	Rodda Margaret AUS 2006	152,5
<b>M10</b>		42,5		25		47,5		115

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMENS - 63 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bobbio Jessica ITA 2005	95	Rickwood Frankie ENG (28/3/15)	56		105	Bobbio Jesica ITA 2005	242,5
<b>T2</b>	Rickwood Frankie ENG (28/3/15)	97,5	KRISTY Freeburn (2009) ENG	58	Rickwood Frankie ENG (28/3/15)	125	Rickwood Frankie ENG (28/3/15)	277,5
<b>T3</b>	Rickwood Francesca GBR (12/11/2016)	116	Wuyts Helen BEL 2009	70	Wuyts Helen BEL 2009	165	Wuyts Helen BEL 2009	350
<b>JR</b>	Wuyts Helen BEL (7/4/12)	125	Wuyts Helen BEL (27/10/2012)	75,5	Wuyts Helen BEL (7/4/2012)	182,5	Wuyts Helen BEL (7/4/12)	382,5
<b>SR</b>	Jones Rebecca GBR (29/07/2018)	147,5	Hannant Amber GBR (29/07/2018)	87,5	Folami Habee ENG (27/02/16)	190	Folami Habee GBR (29/07/2018)	392,5
<b>M1</b>	Poole Nicola GBR (29/07/2018)	112,5	Poole Nicola GBR (29/07/2018)	75,5	Poole Nicola GBR (29/07/2018)	167,5	Poole Nicola GBR (29/07/2018)	352,5
<b>M2</b>	Kandekore Judith ENG (05/04/2014)	110	Bourdon Veronique FRA 2006	80	Bourdon Veronique FRA 2007	152,5	Stocker Samantha GBR (29/07/2018)	325
<b>M3</b>	Bourdon Veronique FRA (31/3/2012)	105	Bourdon Veronique FRA (31/3/2012)	76	Bourdon Veronique FRA (31/3/2012)	150	Bourdon Veronique FRA (12/11/2011)	317,5
<b>M4</b>	Bourdon Veronique FRA (23/3/2013)	102,5	Bourdon Veronique FRA (2/11/2013)	72,5	Bourdon Veronique FRA (23/3/2013)	150	Bourdon Veronique FRA (23/03/2013)	322,5
<b>M5</b>	Bourdon Veronique FRA (31/3/18)	90	Bourdon Veronique FRA (31/3/18)	70	Bourdon Veronique FRA (31/3/18)	130	Bourdon Veronique FRA (31/3/18)	290
<b>M6</b>	Miller Louise USA (4/11/2017)	65	Miller Louise USA (4/11/2017)	45	Miller Louise USA (4/11/2017)	102,5	Miller Louise USA (4/11/2017)	212,5
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 63 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bobbio Jessica ITA 2005	95	Chapman Crystal USA 1995	57,5	Steed Mary AUS 2008	130	Bobbio Jesica ITA 2005	242,5
<b>T2</b>	Bushmire Beth USA 1999	100	KRISTY Freeburn (2009) ENG	58	Rickwood Frankie ENG (28/3/15)	125	Rickwood Frankie ENG (28/3/15)	277,5
<b>T3</b>	Rickwood Francesca GBR (12/11/2016)	116	Collar Sarah USA 1992	77,5	Wuyts Helen BEL 2009	165	Wuyts Helen BEL 2009	350
<b>JR</b>	Goodson Natalie USA 2000	125	Taka Rae Lee NZL 2000	80	Wuyts Helen BEL (7/4/2012)	182,5	Wuyts Helen BEL (7/4/12)	382,5
<b>SR</b>	Jones Rebecca GBR (29/07/2018)	147,5	Hannant Amber GBR (29/07/2018)	87,5	Folami Habee ENG (27/02/16)	190	Folami Habee GBR (29/07/2018)	392,5
<b>M1</b>	Mangold Lisa USA 2008	112,5	Poole Nicola GBR (29/07/2018)	75,5	Poole Nicola GBR (29/07/2018)	167,5	Poole Nicola GBR (29/07/2018)	352,5
<b>M2</b>	Kandekore Judith ENG (05/04/2014)	110	Bourdon Veronique FRA 2006	80	Bourdon Veronique FRA 2007	152,5	Stocker Samantha GBR (29/07/2018)	325
<b>M3</b>	Bourdon Veronique FRA (31/3/2012)	105	Bourdon Veronique FRA (31/3/2012)	76	Bourdon Veronique FRA (31/3/2012)	150	Bourdon Veronique FRA (12/11/2011)	317,5
<b>M4</b>	Kostadinov Helen AUS 2003	115,5	Bourdon Veronique FRA (2/11/2013)	72,5	Bourdon Veronique FRA (23/3/2013)	150	Kostadinov Helen AUS 2000	325
<b>M5</b>	Kostadinov Helen AUS 2007	110	Bourdon Veronique FRA (31/3/18)	70	Kostadinov Helen AUS 2007	140	Kostadinov Helen AUS 2007	315
<b>M6</b>	Kostadinov Helen AUS 2008	102,5	KOSTADINOS Helen AUS 2008	62,5	Kostadinov Helen AUS 2008	135	Kostadinov Helen AUS 2008	300
<b>M7</b>	Kostadinov Helen AUS (31/10/2015)	87,5	Kostadinov Helen AUS (31/10/2015)	55	Kostadinov Helen AUS (31/10/2015)	130	Kostadinov Helen AUS (31/10/2015)	270
<b>M8</b>		50		30		67,5		155
<b>M9</b>		47,5		27,5		62,5		137,5
<b>M10</b>		45		25		50		120

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMENS - 70 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Duncan Esther USA (4/11/2017)	105,5	Duncan Esther USA (4/11/2017)	52,5	Duncan Esther USA (4/11/2017)	117,5	Duncan Esther USA (4/11/2017)	267,5
<b>T2</b>	Russo Aurora ITA (12/11/2016)	91	Willan Emma ENG 1993	70	Russo Aurora ITA (12/11/2016)	120	Russo Aurora ITA (31/10/2015)	275
<b>T3</b>	Mawson Eleanor GBR (12/11/2016)	101	Willan Emma ENG 1994	75	Mawson Eleanor GBR (12/11/2016)	150	Mawson Eleanor GBR (12/11/2016)	307,5
<b>JR</b>	Jones Rebecca GBR (25/02/2017)	145	Jäggi Nora SWI 18/2/17	77,5	Isoyama Jasmine GBR (29/04/2017)	171	Jäggi Nora SWI 18/2/17	382,5
<b>SR</b>	Atkinson Amy GBR (25/02/2017)	152,5	Atkinson Amy GBR (25/02/2017)	93	Haslam* Melanie GBR (25/02/2017)	187,5	Atkinson Amy GBR (27/02/2017)	415
<b>M1</b>	Gandiwa Beauty ENG (27/02/16)	135	Taylor Angela ENG (2/11/2013)	77,5	Gandiwa Beauty GBR (12/11/2016)	170	Gandiwa Beauty GBR (12/11/2016)	380
<b>M2</b>	Barry Karen IRL (31/10/2015)	135	Barry Karen IRL (31/10/2015)	70	Twomey Helen IRE (7/5/16)	175	Twomey Helen IRE (7/5/16)	352,5
<b>M3</b>	Estel Sophie FRA (31/3/18)	123	Perrone Susana ITA (12/11/2016)	75	Estel Sophie FRA (19/3/16)	150	Loi Teresa MPF ITA (12/11/2016)	332,5
<b>M4</b>	Dreyer Gibney Katrin IRE (5/05/2018)	105,5	Sheremenko Svitlana UKR (1/11/2014)	62,5	Dreyer Gibney Katrin IRE (5/05/2018)	137,5	Dreyer Gibney Katrin IRE (5/05/2018)	290
<b>M5</b>	Sage Maureen ENG 2001	50	Sage Maureen ENG 2001	45	Sage Maureen ENG 2001	90		185
<b>M6</b>	Sage Maureen ENG 2004	45	Sage Maureen ENG 2004	40	Sage Maureen ENG 2004	100		185
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 70 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Duncan Esther USA (4/11/2017)	105,5	Houser Alexia USA 1995	55	Duncan Esther USA (4/11/2017)	117,5	Duncan Esther USA (4/11/2017)	267,5
<b>T2</b>	Russo Aurora ITA (12/11/2016)	91	Willan Emma ENG 1993	70	Steed Mary AUS 2009	142,5	Russo Aurora ITA (31/10/2015)	275
<b>T3</b>	Mawson Eleanor GBR (12/11/2016)	101	Willan Emma ENG 1994	75	Mawson Eleanor GBR (12/11/2016)	150	Mawson Eleanor GBR (12/11/2016)	307,5
<b>JR</b>	Jones Rebecca GBR (25/02/2017)	145	Jäggi Nora SWI 18/2/17	77,5	Isoyama Jasmine GBR (29/04/2017)	171	Jäggi Nora SWI 18/2/17	382,5
<b>SR</b>	Atkinson Amy GBR (25/02/2017)	152,5	Pierce Jackie USA 1998	105	Haslam* Melanie GBR (25/02/2017)	187,5	Atkinson Amy GBR (27/02/2017)	415
<b>M1</b>	Gandiwa Beauty ENG (27/02/16)	135	Taylor Angela ENG (2/11/2013)	77,5	Gandiwa Beauty GBR (12/11/2016)	170	Gandiwa Beauty GBR (12/11/2016)	380
<b>M2</b>	Barry Karen IRL (31/10/2015)	135	Barry Karen IRL (31/10/2015)	70	Twomey Helen IRE (7/5/16)	175	Twomey Helen IRE (7/5/16)	352,5
<b>M3</b>	Estel Sophie FRA (31/3/18)	123	Burr Carol USA 2008	77,5	Burr Carol USA 2008	165	Burr Carol USA 2008	340
<b>M4</b>	Kostadinov Helen AUS 2002	117,5	KOSTADINOS Helen AUS 2002	72,5	Kostadinov Helen AUS 2002	150	Kostadinov Helen AUS 2002	335
<b>M5</b>	Kostadinov Helen AUS 2008	107,5	KOSTADINOS Helen AUS 2008	65,5	Kostadinov Helen AUS 2008	140	Kostadinov Helen AUS 2008	312,5
<b>M6</b>	Kostadinov Helen AUS 2009	95	KOSTADINOS Helen AUS 2009	60	Kostadinov Helen AUS 2009	127,5	Kostadinov Helen AUS 2009	282,5
<b>M7</b>		57,5	Larkin Phylis USA 1991	35		72,5		165
<b>M8</b>		52,5		32,5		70		155
<b>M9</b>		50		30		65		145
<b>M10</b>		47,5		27,5		52,5		127,5



# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMENS - 80 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Head Shachar ENG (12/11/2011)	125,5	Dechamps Nadege BEL (7/4/12)	86,5	Dechamps Nadege BEL (7/4/12)	160	Bell Alicia GBR (29/07/2018)	260
<b>T2</b>	Head Shachar ENG (2/11/2013)	145	Head Shachar ENG (2/11/2013)	75	Ellington Danielle GBR (25/02/2017)	182,5	Head Shachar ENG (2/11/2013)	390
<b>T3</b>	Head Shachar ENG (28/3/15)	150	Head Shachar ENG (28/3/15)	82,5	Jäggi Nora SWI 1/10/2014)	207,5	Jäggi Nora SWI 1/10/2014)	422,5
<b>JR</b>	Marsh Natalie GBR (4/11/2017)	147,5	Marsh Natalie GBR (4/11/2017)	95	Jäggi Nora SWI (31/10/2015)	182,5	Marsh Natalie GBR (4/11/2017)	410
<b>SR</b>	Anderson Mary SCT 2008	160	Coulon C. FRA 1990	97,5	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
<b>M1</b>	Anderson Mary SCT 2008	160	Anderson Mary SCT 2009	95	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
<b>M2</b>	Anderson Mary GBR (28/03/15)	150	Anderson Mary GBR (12/11/2016)	88	Anderson Mary GBR (12/11/2016)	185,5	Anderson Mary SCT (28/3/15)	422,5
<b>M3</b>	Ishchenko Lyudmyla UKR (1/11/2014)	116	Perrone Susana ITA (31/10/2015)	75	Bush Mandy J GBR (29/07/2018)	170	Bush Mandy J GBR (29/07/2018)	347,5
<b>M4</b>	Ishchenko Liudmyla UKR (12/11/2016)	115	Ishchenko Liudmyla UKR (12/11/2016)	65	Ishchenko Liudmyla UKR (12/11/2016)	130,5	Ishchenko Liudmyla UKR (12/11/2016)	310
<b>M5</b>	Farrel Matilda IRE (14/4/14)	75	Farrel Matilda IRE (14/4/14)	60	Farrel Matilda IRE (14/4/14)	112,5	Farrel Matilda IRE (14/4/14)	247,5
<b>M6</b>		0	Farrell Imelda IRE (1/11/2014)	47,5		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 80 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Head Shachar ENG (12/11/2011)	125,5	Dechamps Nadege BEL (7/4/12)	86,5	Dechamps Nadege BEL (7/4/12)	160	Dechamps Nadege BEL (7/4/12)	357,5
<b>T2</b>	Head Shachar ENG (2/11/2013)	145	Eisenberg Erin USA 1995	77,5	Ellington Danielle GBR (25/02/2017)	182,5	Head Shachar ENG (2/11/2013)	390
<b>T3</b>	Head Shachar ENG (28/3/15)	150	Head Shachar ENG (28/3/15)	82,5	Jäggi Nora SWI 1/10/2014)	207,5	Jäggi Nora SWI 1/10/2014)	422,5
<b>JR</b>	Marsh Natalie GBR (4/11/2017)	147,5	Marsh Natalie GBR (4/11/2017)	95	Jäggi Nora SWI (31/10/2015)	182,5	Marsh Natalie GBR (4/11/2017)	410
<b>SR</b>	Anderson Mary SCT 2008	160	Oajen Betsy USA 1996	115	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
<b>M1</b>	Anderson Mary SCT 2008	160	Anderson Mary SCT 2009	95	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
<b>M2</b>	Anderson Mary GBR (28/03/15)	150	Anderson Mary GBR (12/11/2016)	88	Anderson Mary GBR (12/11/2016)	185,5	Anderson Mary SCT (28/3/15)	422,5
<b>M3</b>	Ishchenko Lyudmyla UKR (1/11/2014)	116	Duncan Karen USA 1995	82,5	Bush Mandy J GBR (29/07/2018)	170	Bush Mandy J GBR (29/07/2018)	347,5
<b>M4</b>	Ishchenko Liudmyla UKR (12/11/2016)	115	Burr Carol USA (4/11/2017)	70	Burr Carol USA (4/11/2017)	140	Ishchenko Liudmyla UKR (12/11/2016)	310
<b>M5</b>	CASTANELLI Dianne (2009) AUS	100,5	Farrel Matilda IRE (14/4/14)	60	Castanelli Dianne AUS 2009	120	Castanelli Dianne AUS 2009	270,5
<b>M6</b>	Cloninger Grace USA 2001	90	Cloninger Dianne AUS 2001	55	Cloninger Grace USA 2001	112,5	Cloninger Grace USA 2001	257,5
<b>M7</b>		60		37,5		77,5		175
<b>M8</b>		55		35		75		165
<b>M9</b>		52,5		32,5		70		155
<b>M10</b>		50		27,5		52,5		130

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMENS - 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		0		0		0		0
<b>T2</b>	Bennett Gabrielle ENG 10	112,5	Bennett Gabriella ENG 2010	62,5	Bennett Gabrielle ENG 10	142,5	Bennett Gabrielle ENG 10	312,5
<b>T3</b>	Bennett Gabrielle ENG (7/4/12)	126	Bennett Gabriella ENG (7/4/12)	65	Bennett Gabrielle ENG (7/4/12)	152,5	Bennett Gabrielle ENG (7/4/12)	342,5
<b>JR</b>	Boyle Aoibheann IRE (12/11/2016)	140	Lane Olivia IRE (15/08/2015)	77,5	Lane Olivia IRE (31/10/2015)	190	Lane Olivia IRE (31/10/2015)	390
<b>SR</b>	Cunningham Bernadette GBR (25/02/2	155	Cunninghame Bernie SCT (31/10/15)	107,5	Saussois Gladys FRA 2007	197,5	Cuninghame Bernie GBR (12/11/2016)	430
<b>M1</b>	Anderson Mary SCO 210	147,5	Anderson Mary	90	Anderson Mary SCT 2010	192,5	Anderson Mary SCO 2010	420
<b>M2</b>	Anderson Mary SCO 8/4/16	141	Anderson Mary SCO 8/4/16	90	Anderson Mary SCO 8/4/16	170	Anderson Mary SCO 8/4/16	400
<b>M3</b>		92,5		52,5		115		260
<b>M4</b>		0		0		0		0
<b>M5</b>	Brown Rachel USA (4/11/2017)	92,5	Brown Rachel USA (4/11/2017)	63	Brown Rachel USA (4/11/2017)	135	Brown Rachel USA (4/11/2017)	287,5
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## WOMENS - 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		72,5	Sparks Amber CAN 1996	60		87,5		200
<b>T2</b>	Bennett Gabrielle ENG 10	112,5	Beachler Lisa USA 1999	90	Bennett Gabrielle ENG 10	142,5	Beacher Lisa USA 99	332,5
<b>T3</b>	Bennett Gabrielle ENG (7/4/12)	126	Eisenberg Erin USA 1996	80	Bennett Gabrielle ENG (7/4/12)	152,5	Bennett Gabrielle ENG (7/4/12)	342,5
<b>JR</b>	Boyle Aoibheann IRE (12/11/2016)	140	Lane Olivia IRE (15/08/2015)	77,5	Lane Olivia IRE (31/10/2015)	190	Lane Olivia IRE (31/10/2015)	390
<b>SR</b>	Anderson Mary SCO 8/4/16	155	Cunninghame Bernie SCT (31/10/15)	107,5	Saussois Gladys FRA 2007	197,5	Cuninghame Bernie GBR (12/11/2016)	430
<b>M1</b>	Anderson Mary SCO 210	147,5	Anderson Mary	90	Anderson Mary SCT 2010	192,5	Anderson Mary SCO 2010	420
<b>M2</b>	Anderson Mary SCO 8/4/16	141	Anderson Mary SCO 8/4/16	90	Anderson Mary SCO 8/4/16	170	Anderson Mary SCO 8/4/16	400
<b>M3</b>	Wright Judith AUS 2001	117,5	Wright Judy AUS 2001	60	Wright Judy AUS 2001	146	Wright Judy AUS 2001	322,5
<b>M4</b>		85	Trevorah Ellen USA 1993	75		107,5		242,5
<b>M5</b>	Brown Rachel USA (4/11/2017)	92,5	Brown Rachel USA (4/11/2017)	63	Brown Rachel USA (4/11/2017)	135	Brown Rachel USA (4/11/2017)	287,5
<b>M6</b>		75		42,5		95		212,5
<b>M7</b>		67,5		40		85		192,5
<b>M8</b>		60		37,5		80		177,5
<b>M9</b>		55		35		75		165
<b>M10</b>		52,5		27,5		70		135

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## WOMENS + 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>		0		0		0	0
<b>T2</b>	DeVolder Keri USA (4/11/2017)	105	DeVolder Keri USA (4/11/2017)	60	DeVolder Keri USA (4/11/2017)	122,5	DeVolder Keri USA (4/11/2017) 287,5
<b>T3</b>		0		0		0	0
<b>JR</b>		0		0		0	0
<b>SR</b>	Greene Deidre USA (4/11/2017)	181	Saussois Gladys FRA 2007	112,5	Saussois Gladys FRA 2008	210	Greene Deidre USA (4/11/2017) 492,5
<b>M1</b>	Thompson Polly GBR (25/02/2017)	165	Samson Leigh GBR (29/07/2018)	95	Thompson Polly GBR (12/11/2016)	190	Thompson Polly GBR (12/11/2016) 412,5
<b>M2</b>	Thompson Polly GBR (29/07/2018)	165	Koeckhoven Froukje BEL (14/05/2016)	80	Thompson Polly GBR (29/07/2018)	185	Thompson Polly GBR (29/07/2018) 417,5
<b>M3</b>		0		0		0	0
<b>M4</b>		0		0		0	Margraves Sharri USA (4/11/2017) 365
<b>M5</b>		0		0		0	0
<b>M6</b>		0		0		0	0
<b>M7</b>		0		0		0	0
<b>M8</b>		0		0		0	0
<b>M9</b>		0		0		0	0
<b>M10</b>		0		0		0	0

## WORLD RECORDS

## WOMENS + 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>		77,5		45		52,5	215
<b>T2</b>	DeVolder Keri USA (4/11/2017)	105	Zasley Erin USA 1999	65	DeVolder Keri USA (4/11/2017)	122,5	DeVolder Keri USA (4/11/2017) 287,5
<b>T3</b>		87,5	Kiriaki Lisa usa 1996	80		112,5	262,5
<b>JR</b>	Sullivan Stacey AUS 2001	140,5	Sullivan Stacey AUS 2001	82,5	Sullivan Stacey AUS 2001	172,5	Sullivan Stacey AUS 2001 392,5
<b>SR</b>	Greene Deidre USA (4/11/2017)	181	Regan Cyndi USA 1992	130	Saussois Gladys FRA 2008	210	Greene Deidre USA (4/11/2017) 492,5
<b>M1</b>	Thompson Polly GBR (25/02/2017)	165	Regan Cyndi USA 1992	130	Thompson Polly GBR (12/11/2016)	190	Thompson Polly GBR (12/11/2016) 412,5
<b>M2</b>	Thompson Polly GBR (29/07/2018)	165	Regan Cyndi USA 1995	115	Thompson Polly GBR (29/07/2018)	185	Thompson Polly GBR (29/07/2018) 417,5
<b>M3</b>		102,5		60		120	282,5
<b>M4</b>	Margraves Sharri USA (4/11/2017)	128	Margraves Sharri USA (4/11/2017)	80,5	Margraves Sharri USA (4/11/2017)	165	Margraves Sharri USA (4/11/2017) 365
<b>M5</b>		87,5		52,5		105	245
<b>M6</b>		82,5		50		100	232,5
<b>M7</b>		75		45		90	210
<b>M8</b>		67,5		40		85	192,5
<b>M9</b>		60		37,5		80	177,5
<b>M10</b>		55		30		55	140

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 52 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Prepelita Vladimir MOL 2007	107,5	Prepelita Vladimir MOL 2007	70	Prepelita Vladimir MOL 2007	140	Prepelita Vladimir MOL 2007	312,5
<b>T2</b>	Hons Matthew BEL 11/2/17	112,5	Miraglia Mattia ITA (5/05/2012)	82,5	Hons Matthew BEL (29/04/2017)	165	Hons Matthew BEL 11/2/17	350
<b>T3</b>	Oger Oleksii UKR (1/11/2014)	90	Musik M POL 1993	77,5	Oger Oleksii UKR (1/11/2014)	107,5	Oger Oleksii UKR (1/11/2014)	267,5
<b>JR</b>	Bailey Joseph GBR (25/02/2017)	100	Bailey Joseph GBR (25/02/2017)	60	Bailey Joseph GBR (25/02/2017)	140	Bailey Joseph SCT (27/02/2017)	300
<b>SR</b>	Nurnazarov Vepa TKM (12/11/2011)	125	Forbes Brian IRE 1997	97,5	Nurnazarov Vepa TKM (12/11/2011)	176	Nurnazarov Vepa TKM (12/11/2011)	392,5
<b>M1</b>			Forbes Brian IRE 1997	97,5		0		0
<b>M2</b>		0		0		0		0
<b>M3</b>	Forbes Brian IRE 2010	120,5	Forbes Brian IRE 2010	82,5	Forbes Brian IRE 2010	160,5	Forbes Brian IRE 2010	357,5
<b>M4</b>		0	Andreiu Prospere FRA 1992	70		0		0
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 52 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Prepelita Vladimir MOL 2007	107,5	Prepelita Vladimir MOL 2007	70	Prepelita Vladimir MOL 2007	140	Prepelita Vladimir MOL 2007	312,5
<b>T2</b>	Hons Matthew BEL 11/2/17	112,5	Miraglia Mattia ITA (5/05/2012)	82,5	Hons Matthew BEL (29/04/2017)	165	Hons Matthew BEL 11/2/17	350
<b>T3</b>	Wrenn Johnathan USA (12/11/2011)	142,5	Wrenn Johnathan USA (12/11/2011)	90	Wrenn Johnathan USA (12/11/2011)	160	Wrenn Johnathan USA (12/11/2011)	392,5
<b>JR</b>	Wrenn Johnathon USA (27/10/2012)	150	Wrenn Johnathon USA (27/10/2012)	95	Wrenn Johnathon USA (27/10/2012)	172,5	Wrenn Johnathon USA (27/10/2012)	417,5
<b>SR</b>	Wrenn Johnathon USA (27/10/2012)	150	Nguyen Doan USA 1993	110	Nurnazarov Vepa TKM (12/11/2011)	176	Wrenn Johnathon USA (27/10/2012)	417,5
<b>M1</b>		107,5	Forbes Brian IRE 1997	97,5		120		305
<b>M2</b>		102,5		72,5		115		290
<b>M3</b>	Forbes Brian IRE 2010	120,5	Forbes Brian IRE 2010	82,5	Forbes Brian IRE 2010	160,5	Forbes Brian IRE 2010	357,5
<b>M4</b>		92,5	Andreiu Prospere FRA 1992	70		105		265
<b>M5</b>		87,5		65		100		252,5
<b>M6</b>		85		60		92,5		237,5
<b>M7</b>		72,5		52,5		80		205
<b>M8</b>		65		47,5		72,5		185
<b>M9</b>		57,5		42,5		65		165
<b>M10</b>		52,5		37,5		57,5		147,5

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 56 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	DE BONIS DAVIDE ITA (29/04/2017)	120	DE BONIS DAVIDE ITA (29/04/2017)	75	DE BONIS DAVIDE ITA (29/04/2017)	157,5	DE BONIS DAVIDE ITA (29/04/2017)	352,5
<b>T2</b>	PREPELITA Vladimir (2008) MOL	135	Prepelita Vladimir MOL 2008	87,5	AIKMAN JNR David (2009) SCO	163	Prepelita Vladimir MOL 2008	377,5
<b>T3</b>	Croitoru Iulian MOL (1/11/2014)	140	Miraglia Mattia ITA (27/10/2012)	93	Croitoru Iulian MOL (1/11/2014)	175	Croitoru Iulian MOL (1/11/2014)	392,5
<b>JR</b>	Miraglia Mattia ITA (31/10/2015)	125	Miraglia Mattia ITA (31/10/2015)	110	Baily Joseph GBR 8/4/16	176	Miraglia Mattia ITA (31/10/2015)	395
<b>SR</b>	PREPELITA Vladimir (2008) MOL	135	Forbes Brian IRE 1998	103	Gavigan Justin IRE 2007	185	Anderson Brandon USA (4/11/2017)	447,5
<b>M1</b>		117,5	Forbes Brian IRE 1998	103		127,5		330
<b>M2</b>	Forbes Brian IRE 2008	127,5	Forbes Brian IRE 2006	92,5	Forbes Brian IRE 2008	167,5	Forbes Brian IRE 2008	387,5
<b>M3</b>	Forbes Brian IRE 2008	130,5	Forbes Brian IRE 2008	97,5	Forbes Brian IRE 2008	175	Forbes Brian IRE 2008	400
<b>M4</b>		0		0		0		0
<b>M5</b>		0		0		0		0
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>	Catricala Domenico ITA (12/11/2016)	90	Catricala Domenico ITA (12/11/2016)	35	Catricala Domenico ITA (12/11/2016)	135	Catricala Domenico ITA (12/11/2016)	260
<b>M9</b>		65		47,5		0		182,5
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 56 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	DE BONIS DAVIDE ITA (29/04/2017)	120	Zielinski Logan USA 2008	87,5	DE BONIS DAVIDE ITA (29/04/2017)	157,5	DE BONIS DAVIDE ITA (29/04/2017)	352,5
<b>T2</b>	PREPELITA Vladimir (2008) MOL	135	Curatolo Dominic USA 1997	107,5	AIKMAN JNR David (2009) SCO	163	Prepelita Vladimir MOL 2008	377,5
<b>T3</b>	Croitoru Iulian MOL (1/11/2014)	140	Miraglia Mattia ITA (27/10/2012)	93	Croitoru Iulian MOL (1/11/2014)	175	Croitoru Iulian MOL (1/11/2014)	392,5
<b>JR</b>	Wrenn Johnathon USA (2/11/2013)	160	Miraglia Mattia ITA (31/10/2015)	110	Baily Joseph GBR 8/4/16	176	Wrenn Johnathon USA (2/11/2013)	420
<b>SR</b>	Wrenn Jonathan USA (27/7/2018)	172,5	Higgins Fred USA 1992	132,5	Anderson Brandon USA (4/11/2017)	195	Anderson Brandon USA (4/11/2017)	447,5
<b>M1</b>		117,5	Higgins Fred USA 1992	132,5		127,5		330
<b>M2</b>	Forbes Brian IRE 2008	127,5	Forbes Brian IRE 2006	92,5	Forbes Brian IRE 2008	167,5	Forbes Brian IRE 2008	387,5
<b>M3</b>	Forbes Brian IRE 2008	130,5	Forbes Brian IRE 2008	97,5	Forbes Brian IRE 2008	175	Forbes Brian IRE 2008	400
<b>M4</b>		102,5		72,5		110		285
<b>M5</b>		97,5		70		105		272,5
<b>M6</b>		92,5	Smith Dennis USA 1997	77,5		97,5		255
<b>M7</b>		80		57,5		85		222,5
<b>M8</b>	Catricala Domenico ITA (12/11/2016)	90	Lotherington Bill AUS (13/7/13)	55	Catricala Domenico ITA (12/11/2016)	135	Catricala Domenico ITA (12/11/2016)	260
<b>M9</b>		65		47,5		70		182,5
<b>M10</b>		57,5		42,5		62,5		162,5

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 60 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Green Mark ENG 2010	137,5	Mazur Kamil POL 1999	105	Denilson Manicaro MAL 2014	160,5	Green Mark ENG 2010	392,5
<b>T2</b>	PREPELITA Vladimir MOL 2009	145	Aikman David SCT 2010	98	Idricean Dorin MOL (1/11/2014)	173	Aikman David SCT 2010	410
<b>T3</b>	PREPELITA Vladimir MOL 2010	145	Strech Adrian MDA (12/11/2016)	108	Strech Adrian MDA (12/11/2016)	182,5	Prepelita Vladimir MOL 2010	422,5
<b>JR</b>	Sheikh Faaris GBR (4/11/2017)	170	Peacock Tian ENG (28/3/15)	107,5	Donelon Sean IRE 2010	215	Sheikh Faaris GBR (4/11/2017)	477,5
<b>SR</b>	Hampson Ben GBR (29/07/2018)	177,5	Gutteridge Alan ENG 1991	145	Gavin Darragh IRE (7/5/16)	215,5	Hampson Ben GBR (29/07/2018)	477,5
<b>M1</b>	Forbes Brian IRE 2000	145	Gutteridge Alan ENG 1991	136,5	Forbes Brian IRE 2002	192,5	Forbes Brian IRE 2002	437,5
<b>M2</b>	Brown Stephen 2008 ENG	150	Forbes Brian IRE 2006	97,5	Brown Stephen ENG 2008	207,5	Brown Stephen ENG 2008	447,5
<b>M3</b>		0	Durdey Graham ENG 1995	86		0		0
<b>M4</b>		0	Tidona Vincenzo FRA 1990	100		0		0
<b>M5</b>		0	Tidona Vincenzo FRA 1992	107,5		0		0
<b>M6</b>	Colella Antonio ITA (31/10/2015)	145	Duffield Jack ENG 1995	70	Colella Antonio ITA (31/10/2015)	160	Colella Antonio ITA (31/10/2015)	370
<b>M7</b>	Catricala Domenico	80	Catricala Domenico ITA 2010	65	Catricala Domenico	145	Catricala Domenico ITA 2010	285
<b>M8</b>	Catricala Domenico ITA (5/05/2012)	80	Cluer Ron ENG 1995	60,5	Catricala Domenico ITA (5/05/2012)	145	Catricala Domenico ITA (5/05/2012)	285
<b>M9</b>	Brown Ted ENG (2/11/2013)	90	Brown Ted ENG (2/11/2013)	78	Brown Ted ENG (2/11/2013)	130	Brown Ted ENG (2/11/2013)	297,5
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 60 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Green Mark ENG 2010	137,5	Mazur Kamil POL 1999	105	Denilson Manicaro MAL 2014	160,5	Green Mark ENG 2010	392,5
<b>T2</b>	PREPELITA Vladimir MOL 2009	145	Kempf Jesse USA 1997	110	Idricean Dorin MOL (1/11/2014)	173	Aikman David SCT 2010	410
<b>T3</b>	PREPELITA Vladimir MOL 2010	145	Strech Adrian MDA (12/11/2016)	108	Strech Adrian MDA (12/11/2016)	182,5	Prepelita Vladimir MOL 2010	422,5
<b>JR</b>	Sheikh Faaris GBR (4/11/2017)	170	Peacock Tian ENG (28/3/15)	107,5	Donelon Sean IRE 2010	215	Sheikh Faaris GBR (4/11/2017)	477,5
<b>SR</b>	Hampson Ben GBR (29/07/2018)	177,5	Gutteridge Alan ENG 1991	145	Gavin Darragh IRE (7/5/16)	215,5	Hampson Ben GBR (29/07/2018)	477,5
<b>M1</b>	Forbes Brian IRE 2000	145	Gutteridge Alan ENG 1991	136,5	Forbes Brian IRE 2002	192,5	Forbes Brian IRE 2002	437,5
<b>M2</b>	Brown Stephen 2008 ENG	150	Litchfield Fred AUS 1996	112,5	Brown Stephen ENG 2008	207,5	Brown Stephen ENG 2008	447,5
<b>M3</b>		115	Griffith Paul USA 1996	100		122,5		322,5
<b>M4</b>		110	Tidona Vincenzo FRA 1990	100		117,5		307,5
<b>M5</b>		105	Tidona Vincenzo FRA 1992	107,5	Morrison Gary USA 2009	145	Morrison Gary USA 2009	302,5
<b>M6</b>	Colella Antonio ITA (31/10/2015)	145	Kawasaki Non USA 1997	97,5	Colella Antonio ITA (31/10/2015)	160	Colella Antonio ITA (31/10/2015)	370
<b>M7</b>		85	Catricala Domenico ITA 2010	65	Catricala Domenico	145	Catricala Domenico ITA 2010	285
<b>M8</b>	Catricala Domenico ITA (5/05/2012)	80	Smith Steve USA 2008	75	Catricala Domenico ITA (5/05/2012)	145	Catricala Domenico ITA (5/05/2012)	285
<b>M9</b>	Brown Ted ENG (2/11/2013)	90	Brown Ted ENG (2/11/2013)	78	Brown Ted ENG (2/11/2013)	130	Brown Ted ENG (2/11/2013)	297,5
<b>M10</b>		62,5		45		67,5		175

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# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 67,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bell Daren SCT 2007	145	Bell Darren SCT 2007	86	Bell Darren SCO 2007	187,5	Bell Darren SCO 2007	415
<b>T2</b>	Green Mark ENG 07/04/2013	170	Green Mark ENG 07/04/2013	130	Bell Darren SCO 2008	201	Green Mark ENG 07/04/2013	480
<b>T3</b>	Veacelav Cristov MDA 2003	202,5	Kuczera Mariusz POL 1993	150	Veacelav Cristov MOL 2003	215	Veacelav Cristov MOL 2003	505
<b>JR</b>	Moynihan Kelvin IRE ( 16/8/15)	185	Claverie Kevin FRA 2006	122,5	Wardley Jonathan GBR (29/07/2018)	240	Tyers Steven ENG 2010	492,5
<b>SR</b>	<b>VEACELAV Cristov (2003) MDA</b>	<b>202,5</b>	<b>Kuczera Mariusz POL 1993</b>	<b>150</b>	<b>Watts David GBR (29/07/2018)</b>	<b>260,5</b>	<b>Gray David ENG (2/11/2013)</b>	<b>582,5</b>
<b>M1</b>	Bedford Peter ENG 2007	182,5	Bedford Peter WAL 2006	130	Bedford Peter ENG 2007	227,5	Bedford Peter ENG 2007	540
<b>M2</b>	Gray David ENG (2/11/2013)	196	Gray David ENG (27/04/2013)	145,5	Gray David ENG (27/04/2013)	260	Gray David ENG (2/11/2013)	582,5
<b>M3</b>	Gray David ENG (05/04/2014)	185	Gray David ENG (05/04/2014)	140	Gray David ENG (05/04/2014)	250	Gray David ENG (05/04/2014)	575
<b>M4</b>	Colella Antonio ITA 2003	175	Haynes Cliff ENG (27/02/16)	130	Haynes Cliff ENG (27/02/16)	210	Haynes Cliff ENG (27/02/16)	490
<b>M5</b>	Chavatte Jean-Pierre	132,5	Tidona Vincenzo FRA 1993	100,5	Caneo Salvatore ITA 12/11/16	176	Baret Claude FRA 2007	370
<b>M6</b>	Camus -Mollet D. FRA 2004	152,5	Godden Martin	82,5	Camut-Mollet Daniel 2005	183	Camus-Mollet Daniel FRA 2004	415
<b>M7</b>	Camus -Mollet D. FRA 2007	145	Camus-Mollet Daniel 2007	77,5	Camut-Mollet Daniel 2010	185	Camus-Mollet Daniel FRA 2007	397,5
<b>M8</b>	Tidona Vincenzo FRA 2007	105	Tidona Vincenzo FRA 2007	75	Tidona Vincenzo FRA 2007	150	Tidona Vincenzo FRA 2007	330
<b>M9</b>		0	Cluer Ron ENG 1997	57,5		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 67,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Bell Daren SCT 2007	145	Bell Darren SCT 2007	86	Bell Darren SCO 2007	187,5	Bell Darren SCO 2007	415
<b>T2</b>	Green Mark ENG 07/04/2013	170	Green Mark ENG 07/04/2013	130	Bell Darren SCO 2008	201	Green Mark ENG 07/04/2013	480
<b>T3</b>	Veacelav Cristov MDA 2003	202,5	Kuczera Mariusz POL 1993	150	Veacelav Cristov MOL 2003	215	Veacelav Cristov MOL 2003	505
<b>JR</b>	Moynihan Kelvin IRE ( 16/8/15)	185	Claverie Kevin FRA 2006	122,5	Wardley Jonathan GBR (29/07/2018)	240	Tyers Steven ENG 2010	492,5
<b>SR</b>	<b>VEACELAV Cristov (2003) MDA</b>	<b>202,5</b>	<b>Conyers Tony USA 1996</b>	<b>182,5</b>	<b>Watts David GBR (29/07/2018)</b>	<b>260,5</b>	<b>Gray David ENG (2/11/2013)</b>	<b>582,5</b>
<b>M1</b>	Bedford Peter ENG 2007	182,5	Johnson S USA 1993	137,5	Bedford Peter ENG 2007	227,5	Bedford Peter ENG 2007	540
<b>M2</b>	Gray David ENG (2/11/2013)	196	Gray David ENG (27/04/2013)	145,5	Gray David ENG (27/04/2013)	260	Gray David ENG (2/11/2013)	582,5
<b>M3</b>	Gray David ENG (05/04/2014)	185	Gray David ENG (05/04/2014)	140	Gray David ENG (05/04/2014)	250	Gray David ENG (05/04/2014)	575
<b>M4</b>	Colella Antonio ITA 2003	175	Haynes Cliff ENG (27/02/16)	130	Haynes Cliff ENG (27/02/16)	210	Haynes Cliff ENG (27/02/16)	490
<b>M5</b>	Chavatte Jean-Pierre	132,5	Cortes Robert USA 1994	122,5	Caneo Salvatore ITA 12/11/16	176	Baret Claude FRA 2007	370
<b>M6</b>	Camus -Mollet D. FRA 2004	152,5	Cortes Robert USA 1996	125	Camut-Mollet Daniel 2005	183	Camus-Mollet Daniel FRA 2004	415
<b>M7</b>	Camus -Mollet D. FRA 2007	145	Bonner Harry USA 1994	85	Camut-Mollet Daniel 2010	185	Camus-Mollet Daniel FRA 2007	397,5
<b>M8</b>	Tidona Vincenzo FRA 2007	105	Tidona Vincenzo FRA 2007	75	Tidona Vincenzo FRA 2007	150	Tidona Vincenzo FRA 2007	330
<b>M9</b>		75	Cluer Ron ENG 1997	57,5		82,5		215
<b>M10</b>		67,5		52,5		75		195

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 75 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Poole Ben (MPF) ENG (14/05/2016)	180	Bondin Ismael MAL 2014	100	Deegan David IRE 2008	170	Holland Kai ENG 2010	387,5
<b>T2</b>	Rowles Liam ENG (05/04/2014)	205	Ridett Lewis ENG 2011	132,5	Ridett Lewis ENG 2011	240	Ridett Lewis ENG 2011	537,5
<b>T3</b>	Cannngs Alistar ENG 2011	195	Kuczera Mariusz POL 1994	155	Progunov Vitaly RUS 2008	245	Cannings Alistar ENG 2011	545
<b>JR</b>	Sudarminto Indra BEL (7/4/12)	230	Tudorean Oleg MLD (4/11/2017)	147,5	Reidy Martin IRE (12/11/2016)	270	Sudarminto Indra BEL (5/05/2012)	620
<b>SR</b>	Sudarminto Indra BEL (19/3/18)	265	Sudarminto Indra BEL (29/04/2017)	170	Sudarminto Indra BEL (25/02/2017)	292,5	Sudarminto Indra BEL (29/04/2017)	710
<b>M1</b>	Hannah David SCT 2005	195		155	O Rourke Joe IRE (7/5/16)	245	Ram Tirth BEL (1/11/2014)	572,5
<b>M2</b>	Awuka Felix ENG 2004	200	Doubel Rene FRA 1993	145	HAYNES Cliff (2009) ENG	242,5	HAYNES Cliff (2009) ENG	572,5
<b>M3</b>	Lolacona Vincent ITA 2004	195	Shaw Mike ENG 1992	127,5	Duggan Derek IRL (2/11/2013)	231	Lolacono Vincent ITA 2004	545
<b>M4</b>	Forget Bernard FRA 2005	177,5	Haynes Cliff ENG 25/2/17	137,5	Forget Bernard FRA 2005	230	Haynes Cliff GBR (27/02/2017)	527,5
<b>M5</b>	Meredith Thomas GBR (29/07/2018)	175	Dumontois Jaques FRA 2001	120	Fairhurst David ENG (10/05/2014)	197,5	Meredith Thomas GBR (29/07/2018)	475
<b>M6</b>	Camus -Mollet D. FRA 2003	160	Vasquez R FRA 1993	105	Camut-Mollet Daniel 2003	192,5	Camus-Mollet Daniel FRA 2003	442,5
<b>M7</b>	Clark Henry ENG (05/04/2014)	130	Passmore George ENG 2004	100,5	Tarran Ed ENG 2001	180	Tarran Ed ENG 2001	355
<b>M8</b>	Tarran Ed ENG 2003	100	Hearn David ENG 16/4/16	85	Tarran Ed ENG 2003	175	Tarran Ed ENG 2003	335
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 75 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Poole Ben (MPF) ENG (14/05/2016)	180	Bondin Ismael MAL 2014	100	De Haan Curtis AUS 2006	200	De Haan Curtis AUS 2006	407,5
<b>T2</b>	Rowles Liam ENG (05/04/2014)	205	Walters John USA 1995	140	Ridett Lewis ENG 2011	240	Ridett Lewis ENG 2011	537,5
<b>T3</b>	Cannngs Alistar ENG 2011	195	Kuczera Mariusz POL 1994	155	Progunov Vitaly RUS 2008	245	Cannings Alistar ENG 2011	545
<b>JR</b>	Sudarminto Indra BEL (7/4/12)	230	Flick Nathan AUS 1997	177,5	Reidy Martin IRE (12/11/2016)	270	Sudarminto Indra BEL (5/05/2012)	620
<b>SR</b>	Sudarminto Indra BEL (19/3/18)	265	Beavers Martin USA 1990	185	Sudarminto Indra BEL (25/02/2017)	292,5	Sudarminto Indra BEL (29/04/2017)	710
<b>M1</b>	Horner David USA (19/7/14)	196		155	O Rourke Joe IRE (7/5/16)	245	Ram Tirth BEL (1/11/2014)	572,5
<b>M2</b>	Awuka Felix ENG 2004	200	Doubel Rene FRA 1993	145	HAYNES Cliff (2009) ENG	242,5	HAYNES Cliff (2009) ENG	572,5
<b>M3</b>	Lolacona Vincent ITA 2004	195	Arlinton Rafael USA 1994	157,5	Duggan Derek IRL (2/11/2013)	231	Lolacono Vincent ITA 2004	545
<b>M4</b>	Morrison Austin AUS 2002	192,5	Haynes Cliff ENG 25/2/17	137,5	Forget Bernard FRA 2005	230	Haynes Cliff GBR (27/02/2017)	527,5
<b>M5</b>	Meredith Thomas GBR (29/07/2018)	175	Hamblin Ed USA 1992	120	Marcinkowski Michael CAN (12/11/201)	226	Marcinkowski Mike CAN 2010	475
<b>M6</b>	Camus -Mollet D. FRA 2003	160	Vasquez R FRA 1993	105	Marcinkowski Michael POL (31/10/201)	200	Camus-Mollet Daniel FRA 2003	442,5
<b>M7</b>	Clark Henry ENG (05/04/2014)	130	Passmore George ENG 2004	100,5	Tarran Ed ENG 2001	180	Tarran Ed ENG 2001	355
<b>M8</b>	Tarran Ed ENG 2003	100	Benner Harrison USA 1996	85	Tarran Ed ENG 2003	175	Tarran Ed ENG 2003	335
<b>M9</b>		82,5		62,5		92,5		237,5
<b>M10</b>		75		57,5		82,5		215



# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 82,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>	Brösamle Felix GER (12/11/2016)	155	Bradshaw Laurence ENG 2006	110	Bradshaw Laurence ENG 2006	202,5	Bradshaw Laurence ENG 2006 452,5
<b>T2</b>	Sugarman Benjamin GBR (26/02/2017)	190	Biggin Jonathan SCO 2006	130	Sugarman Benjamin GBR (26/02/2017)	230,5	Pjatnitski Nikolai EST (27/05/2012) 525
<b>T3</b>	Jenkins Steve ENG 2003	215	Sowinski Dariusz POL 1992	140	Deacon-Smith Matt ENG (31/03/2013)	247,5	Cutler Craig ENG 2010 572,5
<b>JR</b>	Borriello Guiseppe ITA (29/04/2017)	228	Borriello Guiseppe ITA (29/04/2017)	158	Stürmer Christophe GER 2007	277,5	Meakin Reece ENG (2/11/2013) 627,5
<b>SR</b>	Sudarminto Indra BEL (8/04/2016)	260,5	Joseph Mike ENG 2001	193,5	Sudarminto Indra BEL (8/04/2016)	285,5	Sudarminto Indra BEL (8/04/2016) 715
<b>M1</b>	Ryan John IRL (2/11/2013)	237,5	Ambler Derek ENG 1990	150	Mahourat Pascal FRA 2002	265	Ryan John IRL (2/11/2013) 620
<b>M2</b>	Walsh Steve SCT 07/04/2013)	222,5	Minty Vince ENG (27/02/16)	155,5	Lane Mark IRE 2006	282,5	Lane Mark IRE 2001 617,5
<b>M3</b>	Bonner Andy ENG 2008	237,5	Bonner Andy ENG 2007	155	Bonner Andy ENG 2008	275	Bonner Andy ENG 2008 657,5
<b>M4</b>	Mahourat Pascal FRA (28/3/15)	191	Round Michael ENG (05/04/2014)	140	Mahourat Pascal FRA (28/3/15)	261	Mahourat Pascal FRA (28/3/15) 565
<b>M5</b>	Sosnovski Anatoly RUS 2009	165	Askew John ENG 1998	142,5	Marotta Rosario ITA (29/04/2017)	220	Marotta Rosario ITA (29/04/2017) 485
<b>M6</b>	Spiteri Francis MAL (8/4/16)	150,5	Rodger Dave ENG 1993	133	Spiteri Francis MAL (8/4/16)	185	Emerson Larry USA (4/11/2017) 462,5
<b>M7</b>	West Eric ENG 2011	115	West Eric ENG 2011	80	West Eric ENG 2011	150	West Eric ENG 2011 345
<b>M8</b>		0		0		0	0
<b>M9</b>	Gallacher John ENG (2/11/2013)	105	Gallacher John ENG 07/4/2013	75	Gallacher John ENG (2/11/2013)	180,5	Gallacher John ENG 07/04/2013 355
<b>M10</b>		0		0		0	0

## WORLD RECORDS

## MEN 82,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>	De Haan Curtis AUS 2007	175	Bradshaw Laurence ENG 2006	110	De Haan Curtis AUS 2007	240	De Haan Curtis AUS 2007 515
<b>T2</b>	Sugarman Benjamin GBR (26/02/2017)	190	Biggin Jonathan SCO 2006	130	Sugarman Benjamin GBR (26/02/2017)	230,5	Pjatnitski Nikolai EST (27/05/2012) 525
<b>T3</b>	Jenkins Steve ENG 2003	215	Dexter Andrew CAN 1994	145,5	Dexter Andrew CAN 1994	260	Dexter Andrew CAN 1994 607,5
<b>JR</b>	Borriello Guiseppe ITA (29/04/2017)	228	Riney Dennis USA 1996	172,5	Stürmer Christophe GER 2007	277,5	Meakin Reece ENG (2/11/2013) 627,5
<b>SR</b>	Sudarminto Indra BEL (8/04/2016)	260,5	Joseph Mike ENG 2001	193,5	Amen Ra USA 2010	290	Sudarminto Indra BEL (8/04/2016) 715
<b>M1</b>	Ryan John IRL (2/11/2013)	237,5	Kloostergaard Jim USA 1992	175	Mahourat Pascal FRA 2002	265	Ryan John IRL (2/11/2013) 620
<b>M2</b>	Walsh Steve SCT 07/04/2013)	222,5	Thomas Walter USA 1993	190	Lane Mark IRE 2006	282,5	Lane Mark IRE 2001 617,5
<b>M3</b>	Bonner Andy ENG 2008	237,5	Bonner Andy ENG 2007	155	Bonner Andy ENG 2008	275	Bonner Andy ENG 2008 657,5
<b>M4</b>	Clow John AUS 2008	200	Rouse James USA 1996	175	Mahourat Pascal FRA (28/3/15)	261	Mahourat Pascal FRA (28/3/15) 565
<b>M5</b>	Morrison Austin ( AUS)	190	Askew John ENG 1998	142,5	Marotta Rosario ITA (29/04/2017)	220	Marotta Rosario ITA (29/04/2017) 485
<b>M6</b>	Emerson Larry USA (4/11/2017)	155	Rodger Dave ENG 1993	133	Emerson Larry USA (4/11/2017)	215	Emerson Larry USA (4/11/2017) 462,5
<b>M7</b>	Batko Robert USA 11/06/16	152,5	Stovall James USA (19/7/14)	87,5	Batko Robert USA 11/06/16	197,5	Batko Robert USA 11/06/16 435
<b>M8</b>		102,5		72,5		110	285
<b>M9</b>	Gallacher John ENG (2/11/2013)	105	Gallacher John ENG 07/4/2013	75	Gallacher John ENG (2/11/2013)	180,5	Gallacher John ENG 07/04/2013 355
<b>M10</b>		82,5		60		90	232,5

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL					
<b>T1</b>	Bradshaw Laurence	ENG 2006	162,5	Clarke Ollie	ENG (28/2/16)	117,5	Bradshaw Laurence	ENG 2006	227,5	Bradshaw Laurence	ENG 2006	492,5
<b>T2</b>	Shpyloviy Vladislav UKR (1/11/2014)		190	Syed Karim SWI 20/3/16		130	Phillips Adam IRE (8/5/16)		220	Shpyloviy Vladislav UKR (1/11/2014)		497,5
<b>T3</b>	Cutler Craig ENG 2011		230	Anton Alexei MOL (1/11/2014)		150	Le Cras Brett ENG 2011		265	Cutler Craig ENG 2011		630
<b>JR</b>	Neumann Konstantin GER (5/11/2017)		240	Percival Daniel ENG 2008		170	O'Rourke Athony IRE 2010		285	Hollis Harry GBR (28/02/2017)		695
<b>SR</b>	SERVOTTE Geoffry (2006) BEL		262,5	Hollis Harry GBR (26/02/2017)		182,5	Burton Ramone WAL (28/2/16)		320	Shillingford Pierre ENG (05/042014)		695
<b>M1</b>	Protheroe Chris WAL (28/2/16)		238	Vaillant Cyrille FRA (18/04/2015)		176	Verbeke Beny BEL 2010		292,5	Zaripov (MPF) Rinat UKR (1/11/2014)		677,5
<b>M2</b>	Van Niekerk Edward ENG 2005		241	Luka Jan POL 1994		175	Verbeke Beny BEL (7/4/12)		300	Bonner Andy ENG 2001		687,5
<b>M3</b>	Bonner Andy ENG 2009		250	Ambler Derek ENG 1998		167,5	Bonner Andy ENG 2009		287,5	Bonner Andy ENG 2009		687,5
<b>M4</b>	Bonner Andy ENG 2011		245	Bonner Andy ENG 2011		157,5	Bonner Andy ENG 2011		277,5	Bonner Andy ENG 2011		680
<b>M5</b>	Davies Andy ENG 2007		185	Grotto Leonida ITA 2005		150	Davies Andy ENG 2008		232,5	Grotto Leonida ITA 2005		535
<b>M6</b>	Davies Andy ENG 2009		170	Fulton John SCO 1991		127,5	Davies Andy ENG 2009		220	Davies Andy ENG 2009		495
<b>M7</b>	Theyssens Martin		135	Morris Eric ENG 2005		105	Morris Eric ENG 2005		175	Morris Eric ENG 2005		395
<b>M8</b>	Straistar Pavel MOL (1/11/2014)		125	Hearn David SCT 8/4/16		85	Hearn David SCT 8/4/16		155	Hearn David SCT 8/4/16		335
<b>M9</b>			0			0			0			0
<b>M10</b>			0			0			0			0

## WORLD RECORDS

## MEN 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL					
<b>T1</b>	Bradshaw Laurence	ENG 2006	162,5	Stevens John	USA 95	125	Bradshaw Laurence	ENG 2006	227,5	Bradshaw Laurence	ENG 2006	492,5
<b>T2</b>	De Haan Curtis ( AUS 2009)		200	Syed Karim SWI 20/3/16		130	De HAAN Curtis (2009) AUS		300	De HAAN Curtis (2009) AUS		620
<b>T3</b>	Cutler Craig ENG 2011		230	Watson Brent USA 1999		165	Le Cras Brett ENG 2011		265	Cutler Craig ENG 2011		630
<b>JR</b>	Neumann Konstantin GER (5/11/2017)		240	Klayhold Keith USA 1998		170	O'Rourke Athony IRE 2010		285	Hollis Harry GBR (28/02/2017)		695
<b>SR</b>	SERVOTTE Geoffry (2006) BEL		262,5	McAuliffe Joe USA 1996		208	Burton Ramone WAL (28/2/16)		320	Capozzi Lou USA 1999		717,5
<b>M1</b>	Protheroe Chris WAL (28/2/16)		238	Vaillant Cyrille FRA (18/04/2015)		176	Verbeke Beny BEL 2010		292,5	Zaripov (MPF) Rinat UKR (1/11/2014)		677,5
<b>M2</b>	Van Niekerk Edward ENG 2005		241	Luka Jan POL 1994		175	Verbeke Beny BEL (7/4/12)		300	Bonner Andy ENG 2001		687,5
<b>M3</b>	Bonner Andy ENG 2009		250	Pagan Sam USA (5/11/2017)		177,5	Bonner Andy ENG 2009		287,5	Bonner Andy ENG 2009		687,5
<b>M4</b>	Bonner Andy ENG 2011		245	Bonner Andy ENG 2011		157,5	Bonner Andy ENG 2011		277,5	Bonner Andy ENG 2011		680
<b>M5</b>	Davies Andy ENG 2007		185	Grotto Leonida ITA 2005		150	Davies Andy ENG 2008		232,5	Grotto Leonida ITA 2005		535
<b>M6</b>	Davies Andy ENG 2009		170	Remley Bill USA 1996		132,5	Davies Andy ENG 2009		220	Davies Andy ENG 2009		495
<b>M7</b>	Van Weene Wim AUS 2003		165	Lee charles USA 1993		117,5	Van Weenen wim aus 2003		210	Van Weenen Wim AUS 2003		475
<b>M8</b>	Straistar Pavel MOL (1/11/2014)		125	Hearn David SCT 8/4/16		85	Hearn David SCT 8/4/16		155	Hearn David SCT 8/4/16		335
<b>M9</b>			95			70			105			270
<b>M10</b>			85			62,5			95			242,5

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 100 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Clarke Oliver GBR (13/11/2016)	202,5	Clarke Oliver GBR (13/11/2016)	137,5	Clarke Oliver GBR (13/11/2016)	210	Clarke Oliver GBR (13/11/2016)	550
<b>T2</b>	O Connor David IRE (8/5/16)	200,5	Keshta Omar ENG 16/4/16	160	O Connor David IRE (8/5/16)	250,5	Palin Harry ENG (06/04/2014)	550
<b>T3</b>	Goodhall Sam ENG 2011	240	Gregoraci Wayne MAL (18/04/2015)	145,5	Goodhall Sam ENG 2011	275	Goodhall Sam ENG 2011	650
<b>JR</b>	Nwaezeigwe Kenneth IRE (8/5/16)	255,5	Formosa Mark MAL (7/10/17)	205	Bandula Paul ROU (19/3/18)	320	Bandula Paul ROU (19/3/18)	740
<b>SR</b>	Gysin Ramon SWI (5/11/2017)	279	Gongarad Roland SWI 2008	205	NAZARENKO Oleksii (2009) UKR	330	Nazarenko Olexiy UKR 2009	765
<b>M1</b>	Pilling Leslie ENG 1999	260	Ravasi Andrea ITA (5/05/2012)	180	Lane Mark IRE 2002	295	Pilling Leslie ENG 1999	710
<b>M2</b>	Pilling Leslie ENG 2001	272,5	Simpson Alan ENG 1997	181	Pilling Les ENG 2001	300	Pilling Leslie ENG 2001	732,5
<b>M3</b>	Mitchel John ENG 2010	250	KALIC François FRA (16/4/2016)	165	JEX Terry (2009) ENG	295	Mitchel John	682,5
<b>M4</b>	Terry Jex ENG 2011	230	Cosimo Orlando ITA (5/05/2012)	180	JEX Terry ENG 2011	290	Jex Terry ENG 2011	670
<b>M5</b>	McConnel Laurence N.IR 2006	235	McConnel Laurence N.IR 2009	150	Jex Terry ENG (8/4/16)	275	Jex Terry ENG 8/4/16	612,5
<b>M6</b>	McConnel Laurence N.IR 2010	245	McConnel Laurence N.IR 2010	145	Bustreel Serge FRA (28/3/15)	250	McConnell Laurence N.IR 2010	620
<b>M7</b>	BUSTREEL Serge FRA (31/3/2018)	195,5	Fulton John SCO 1997	140	BUSTREEL Serge FRA (31/3/2018)	236,5	BUSTREEL Serge FRA (30/04/2017)	545
<b>M8</b>	Walker John Gavin GBR (29/07/2018)	127,5	Walker John Gavin GBR (6/05/2018)	105	Walker John Gavin GBR (29/07/2018)	193	Walker John Gavin GBR (6/05/2018)	422,5
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 100 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Clarke Oliver GBR (13/11/2016)	202,5	Clarke Oliver GBR (13/11/2016)	137,5	Clarke Oliver GBR (13/11/2016)	210	Clarke Oliver GBR (13/11/2016)	550
<b>T2</b>	O Connor David IRE (8/5/16)	200,5	Palin Harry ENG (06/04/2014)	160	O Connor David IRE (8/5/16)	250,5	Palin Harry ENG (06/04/2014)	550
<b>T3</b>	Goodhall Sam ENG 2011	240	Gregoraci Wayne MAL (18/04/2015)	145,5	Goodhall Sam ENG 2011	275	Goodhall Sam ENG 2011	650
<b>JR</b>	Nwaezeigwe Kenneth IRE (8/5/16)	255,5	Formosa Mark MAL (7/10/17)	205	Bandula Paul ROU (19/3/18)	320	Bandula Paul ROU (19/3/18)	740
<b>SR</b>	St.Clair Jason USA (27/7/2018)	300	Rennert Casey USA 1992	220	NAZARENKO Oleksii (2009) UKR	330	Nazarenko Olexiy UKR 2009	765
<b>M1</b>	Pilling Leslie ENG 1999	260	Williams Chevron USA (5/11/2017)	200	Lane Mark IRE 2002	295	Pilling Leslie ENG 1999	710
<b>M2</b>	Pilling Leslie ENG 2001	272,5	Chevalier David USA 1999	200	Pilling Les ENG 2001	300	Pilling Leslie ENG 2001	732,5
<b>M3</b>	Mitchel John ENG 2010	250	Rizzo Charles USA 1996	175	JEX Terry (2009) ENG	295	Mitchel John	682,5
<b>M4</b>	Terry Jex ENG 2011	230	Cosimo Orlando ITA (5/05/2012)	180	JEX Terry ENG 2011	290	Jex Terry ENG 2011	670
<b>M5</b>	McConnel Laurence N.IR 2006	235	McConnel Laurence N.IR 2009	150	Jex Terry ENG (8/4/16)	275	Jex Terry ENG 8/4/16	612,5
<b>M6</b>	McConnel Laurence N.IR 2010	245	McConnel Laurence N.IR 2010	145	Bustreel Serge FRA (28/3/15)	250	McConnell Laurence N.IR 2010	620
<b>M7</b>	BUSTREEL Serge FRA (31/3/2018)	195,5	Fulton John SCO 1997	140	BUSTREEL Serge FRA (31/3/2018)	236,5	BUSTREEL Serge FRA (30/04/2017)	545
<b>M8</b>	Walker John Gavin GBR (29/07/2018)	127,5	Walker John Gavin GBR (6/05/2018)	105	Walker John Gavin GBR (29/07/2018)	193	Walker John Gavin GBR (6/05/2018)	422,5
<b>M9</b>		100		72,5		110		282,5
<b>M10</b>		90		65		100		255

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Elezi Alexander ITA (5/05/2012)	160	Elezi Alexander ITA (5/05/2012)	112,5	Elezi Alexander ITA (5/05/2012)	200	Elezi Alexander ITA (5/05/2012)	472,5
<b>T2</b>	Keshta Omar ENG 8/4/16	210	Keshta Omar ENG 8/4/16	160	Keshta Omar ENG 8/4/16	260	Keshta Omar ENG 8/4/16	630
<b>T3</b>	Addouche Mathieu FRA 19/3/16	235	Godea Iulian MOL (1/11/2014)	157,5	Godea Iulian MOL (1/11/2014)	280	Addouche Mathieu FRA 19/3/16	650
<b>JR</b>	Callus Dylan MAL (7/10/17)	250,5	Verga Gabriele ITA (30/04/2017)	187,5	Fennelly James IRE 2006	320	Callus Dylan MAL (7/10/17)	730
<b>SR</b>	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Vaipan Bogdan ROM (30/04/2017)	340	Vaipan Bogdan ROM (30/04/2017)	810
<b>M1</b>	Marshall Simon ENG (06/04/2014)	270	Murdock Alistair ENG 2011	215	Marshall Simon ENG (06/04/2014)	323	Marshall Simon ENG (06/04/2014)	792,5
<b>M2</b>	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Pilling Les ENG 2002	310	Pilling Leslie ENG 2002	760
<b>M3</b>	Mitchell John ENG 2010	290	Tudor Ian ENG 2001	190	Mitchell John ENG 2011	290	Mitchell John ENG 2011	725
<b>M4</b>	Pilling Leslie ENG (7/4/12)	232,5	Terlita Victor MOL 2010	165	LEADBETTER Mike (2009) ENG	275,5	Lambert Steven GBR (6/05/2018)	625
<b>M5</b>	McConnell Laurence N.IR 2009	240	McConnel Laurence N.IR 2009	155	LEADBETTER Mike ENG 7/4/13	250	McConnell Laurence N.IR 2009	615
<b>M6</b>	McConnell Laurence N.IR (12/11/2011)	230	McConnell Laurence N.IR (12/11/2011)	145	Leadbetter Michael GBR (29/07/2018)	230,5	McConnell Laurence N.IR (12/11/2011)	580
<b>M7</b>	Walker John ENG 07/04/2013	191	Burden Ronald GBR (29/07/2018)	140	Walker John ENG (2/11/2013)	235	Burden Ronald GBR (29/07/2018)	535
<b>M8</b>	Walker John ENG (29/3/15)	165	West John IRE (6/05/2018)	125	West John IRE (6/05/2018)	220	West John IRE (6/05/2018)	490
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Elezi Alexander ITA (5/05/2012)	160	Tyler Paul USA 13/07/2013	120	Elezi Alexander ITA (5/05/2012)	200	Elezi Alexander ITA (5/05/2012)	472,5
<b>T2</b>	White Tanner USA (19/07/2014)	232,5	Keshta Omar ENG 8/4/16	160	Keshta Omar ENG 8/4/16	260	Keshta Omar ENG 8/4/16	630
<b>T3</b>	Addouche Mathieu FRA 19/3/16	235	Balis Matt USA 1992	182,5	Godea Iulian MOL (1/11/2014)	280	Addouche Mathieu FRA 19/3/16	650
<b>JR</b>	Callus Dylan MAL (7/10/17)	250,5	Garris Donavan USA 1996	197,5	Fennelly James IRE 2006	320	Callus Dylan MAL (7/10/17)	730
<b>SR</b>	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Vaipan Bogdan ROM (30/04/2017)	340	Vaipan Bogdan ROM (30/04/2017)	810
<b>M1</b>	Hayes Kelvin USA 2008	282,5	Murdock Alistair ENG 2011	215	Marshall Simon ENG (06/04/2014)	323	Marshall Simon ENG (06/04/2014)	792,5
<b>M2</b>	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Pilling Les ENG 2002	310	Pilling Leslie ENG 2002	760
<b>M3</b>	Mitchell John ENG 2010	290	Tudor Ian ENG 2001	190	Mitchell John ENG 2011	290	Mitchell John ENG 2011	725
<b>M4</b>	Pilling Leslie ENG (7/4/12)	232,5	Ninaber Adrian CAN 13/07/2013	170	LEADBETTER Mike (2009) ENG	275,5	Ninaber Adrian CAN (2/11/2013)	645
<b>M5</b>	McConnell Laurence N.IR 2009	240	McConnel Laurence N.IR 2009	155	LEADBETTER Mike ENG 7/4/13	250	McConnell Laurence N.IR 2009	615
<b>M6</b>	McConnell Laurence N.IR (12/11/2011)	230	McConnell Laurence N.IR (12/11/2011)	145	Leadbetter Michael GBR (29/07/2018)	230,5	McConnell Laurence N.IR (12/11/2011)	580
<b>M7</b>	Walker John ENG 07/04/2013	191	Burden Ronald GBR (29/07/2018)	140	Walker John ENG (2/11/2013)	235	Burden Ronald GBR (29/07/2018)	535
<b>M8</b>	Walker John ENG (29/3/15)	165	West John IRE (6/05/2018)	125	West John IRE (6/05/2018)	220	West John IRE (6/05/2018)	490
<b>M9</b>		102,5		75		112,5		290
<b>M10</b>		92,5		65		102,5		262,5

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# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 125 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Dechamps Sebastien BEL 2007	180	Dechamps Sebastien BEL 2007	92,5	Dechamps Sebastien BEL 2007	205	Dechamps Sebastien BEL 2007	462,5
<b>T2</b>	Vella Cedric MAL (7/10/17)	225	Keshta Omar ENG (28/2/16)	170	Keshta Omar ENG (28/2/16)	260	Keshta Omar ENG (28/2/16)	630
<b>T3</b>	Osborn Jack GBR (26/02/2017)	250	Osborn Jack GBR (26/02/2017)	162,5	Dechamps Jerome BEL 2007	265	Rushton Josh ENG 2011	667,5
<b>JR</b>	Ramsbottom Karl ENG (12/11/2011)	250	McKerrow Julian ENG (06/04/2014)	181	PIPE Matthew (2009) ENG	320	PIPE Matthew (2009) ENG	730
<b>SR</b>	Pellizzoni Francesco ITA (6/05/2018)	320	Lythgoe Simon GBR (29/07/2018)	232,5	Vaipan Bogdan ROU (6/05/2018)	345,5	Vaipan Bogdan ROU (6/05/2018)	845
<b>M1</b>	Pellizzoni Francesco ITA (6/05/2018)	320	Lythgoe Simon GBR ( 7/10/17)	230	Laing Phil ENG 2008	310	Pellizzoni Francesco ITA (6/05/2018)	830
<b>M2</b>	Collart Jean-Luc BEL 2007	275	Lythgoe Simon GBR (29/07/2018)	232,5	Sutton Peter WAL (12/11/2011)	307,5	Sutton Peter WAL (12/11/2011)	772,5
<b>M3</b>	Allison Ray ENG 2008	270	Adams Michael ENG (29/3/15)	187,5	Adams Michael ENG (1/11/2015)	281	Allison Ray ENG 2008	710
<b>M4</b>	Pilling Leslie ENG (2/11/2013)	241,5	Olsen Roy ENG 1998	175	Leadbetter Mike ENG 2009	285	Pilling Leslie ENG 2011	660
<b>M5</b>	O Dwyer John IRE (8/5/16)	195,5	O Dwyer John IRE (8/5/16)	160	Leadbetter Mike ENG (06/04/2014 )	253	Leadbetter Mike ENG ( 7/4/12)	582,5
<b>M6</b>	Leadbetter Mike GBR (26/02/2017)	170	Leadbetter Mike GBR (26/02/2017)	122,5	Leadbetter Mike GBR (26/02/2017)	230	Leadbetter Mike GBR (28/02/2017)	520
<b>M7</b>	Walker Trevor John GBR (29/07/2018)	140	Walker Trevor John GBR (29/07/2018)	100	Walker Trevor John GBR (29/07/2018)	200	Walker Trevor John GBR (29/07/2018)	440
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 125 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Dechamps Sebastien BEL 2007	180	Dechamps Sebastien BEL 2007	92,5	Dechamps Sebastien BEL 2007	205	Dechamps Sebastien BEL 2007	462,5
<b>T2</b>	Vella Cedric MAL (7/10/17)	225	Keshta Omar ENG (28/2/16)	170	Keshta Omar ENG (28/2/16)	260	Keshta Omar ENG (28/2/16)	630
<b>T3</b>	Sohmer Matt USA (27/10/2012)	332,5	Osborn Jack GBR (26/02/2017)	162,5	Sohmer Matt USA (27/10/2012)	320	Sohmer Matt USA (27/10/2012)	785
<b>JR</b>	Sohmer Matt USA (2/11/2013)	342,5	McKerrow Julian ENG (06/04/2014)	181	Sohmer Matt USA (2/11/2013)	337,5	Sohmer Matt USA (2/11/2013)	815
<b>SR</b>	Sohmer Matt USA (2/11/2013)	342,5	Lythgoe Simon GBR (29/07/2018)	232,5	Vaipan Bogdan ROU (6/05/2018)	345,5	Vaipan Bogdan ROU (6/05/2018)	845
<b>M1</b>	Pellizzoni Francesco ITA (6/05/2018)	320	Lythgoe Simon GBR ( 7/10/17)	230	Laing Phil ENG 2008	310	Pellizzoni Francesco ITA (6/05/2018)	830
<b>M2</b>	Collart Jean-Luc BEL 2007	275	Lythgoe Simon GBR (29/07/2018)	232,5	Sutton Peter WAL (12/11/2011)	307,5	Sutton Peter WAL (12/11/2011)	772,5
<b>M3</b>	Allison Ray ENG 2008	270	Batten CJ usa 1997	207,5	Adams Michael ENG (1/11/2015)	281	Allison Ray ENG 2008	710
<b>M4</b>	Pilling Leslie ENG (2/11/2013)	241,5	Olsen Roy ENG 1998	175	Leadbetter Mike ENG 2009	285	Pilling Leslie ENG 2011	660
<b>M5</b>	Ninaber Adrian CAN 24/6/17	200	Bonneau Colin CAN 2008	187,5	Leadbetter Mike ENG (06/04/2014 )	253	Leadbetter Mike ENG ( 7/4/12)	582,5
<b>M6</b>	Krueger Gary USA (27/10/2012)	207,5	Krueger Gary USA (27/10/2012)	150	Leadbetter Mike GBR (26/02/2017)	230	Krueger Gary USA (27/10/2012)	572,5
<b>M7</b>	Walker Trevor John GBR (29/07/2018)	140	Walker Trevor John GBR (29/07/2018)	100	Walker Trevor John GBR (29/07/2018)	200	Walker Trevor John GBR (29/07/2018)	440
<b>M8</b>		117,5		85		132,5		335
<b>M9</b>		105		77,5		120		302,5
<b>M10</b>		95		67,5		107,5		272,5

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# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>		0		0		0		0
<b>T2</b>		0		0		0	Stroud Blake USA (5/11/2017)	607,5
<b>T3</b>	Dechamps Sebastien BEL ( 7/4/12)	250	Dechamps Sebastien BEL ( 7/4/12)	140	Dechamps Sebastien BEL (7/4/12)	280	Dechamps Sebastien BEL ( 7/4/12)	665
<b>JR</b>	Downey Michael IRE (8/5/16)	273	Sievwright Carl ENG 2011	175	Downey Michael IRE (18/04/2015)	260	Downey Michael IRE (8/5/16)	682,5
<b>SR</b>	Irwin Brian IRE 2010	320	Denis O fra 1993	230	Irwin Brian IRE 2010	335	Irwin Brian IRE 2010	875
<b>M1</b>	Bîrsanu Serghei MDA (13/11/2016)	290	Rowland Haydn ENG 1998	223	Bîrsanu Serghei MDA (13/11/2016)	313	Sutton Peter WAL 2008	807,5
<b>M2</b>	Sutton Peter WAL 2011	285	Sutton Peter WAL 2011	210	Sutton Peter WAL 2011	305	Sutton Peter WAL 2011	800
<b>M3</b>	Duplessis Andre IRL (1/11/2015)	230,5	Duplessis Andre IRL (18/04/2015)	160	Duplessis Andre IRL (1/11/2015)	280,5	Duplessis Andre IRL (1/11/2015)	670
<b>M4</b>	O'Dwyer John IRL (10/05/2014)	212,5	O'Dwyer John IRL (27/04/2013)	168	O'Dwyer John IRE (27/10/2012)	230	O'Dwyer John IRE (27/10/2012)	602,5
<b>M5</b>	O Dwyer John IRE (16/8/15)	205	O Dwyer John IRE (16/8/15)	155	O Dwyer John IRE (16/8/15)	200	O Dwyer John IRE (16/8/15)	560
<b>M6</b>		0		0		0		0
<b>M7</b>		0		0		0		0
<b>M8</b>		0		0		0		0
<b>M9</b>		0		0		0		0
<b>M10</b>		0		0		0		0

## WORLD RECORDS

## MEN 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
<b>T1</b>	Stroud Blake USA 24/6/17	200	Stroud Blake USA 24/6/17	152,5	Stroud Blake USA 24/6/17	227,5	Stroud Blake USA 24/6/17	580
<b>T2</b>	Stroud Blake USA (5/11/2017)	220	Stroud Blake USA (5/11/2017)	160	Stroud Blake USA (5/11/2017)	227,5	Stroud Blake USA (5/11/2017)	607,5
<b>T3</b>	Dechamps Sebastien BEL ( 7/4/12)	250	Lake Matthew USA 1996	202,5	Dechamps Sebastien BEL (7/4/12)	280	Dechamps Sebastien BEL ( 7/4/12)	665
<b>JR</b>	Downey Michael IRE (8/5/16)	273	Hulslander Dennis USA 1995	215	Hulslander Dennis USA 1995	272,5	Hulslander Dennis USA 1995	750
<b>SR</b>	Irwin Brian IRE 2010	320	Moore Beau USA 1995	250	Irwin Brian IRE 2010	335	Irwin Brian IRE 2010	875
<b>M1</b>	Bîrsanu Serghei MDA (13/11/2016)	290	Rowland Haydn ENG 1998	223	Bîrsanu Serghei MDA (13/11/2016)	313	Sutton Peter WAL 2008	807,5
<b>M2</b>	Sutton Peter WAL 2011	285	Nicodemus Ron USA 2008	212,5	Sutton Peter WAL 2011	305	Sutton Peter WAL 2011	800
<b>M3</b>	Duplessis Andre IRL (1/11/2015)	230,5	Brown Steve USA 2005	205	McCune Brent USA 1999	285	McCune Brent USA 1999	692,5
<b>M4</b>	O'Dwyer John IRL (10/05/2014)	212,5	Clasing Ramond Jr USA 2015	175	Rowland Simon USA (5/11/2017)	242,5	O'Dwyer John IRE (27/10/2012)	602,5
<b>M5</b>	O Dwyer John IRE (16/8/15)	205	O Dwyer John IRE (16/8/15)	155	O Dwyer John IRE (16/8/15)	200	O Dwyer John IRE (16/8/15)	560
<b>M6</b>		150		107,5		167,5		425
<b>M7</b>		135		97,5		150		382,5
<b>M8</b>		122,5		87,5		135		345
<b>M9</b>		110		80		122,5		312,5
<b>M10</b>		100		72,5		110		282,5

# WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

## MEN + 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>		0		0		0	0
<b>T2</b>	McGonigle Charlie GBR (26/02/2017)	210	McGonigle Charlie GBR (26/02/2017)	125	McGonigle Charlie GBR (26/02/2017)	252,5	McGonigle Charlie GBR (26/02/2017) 587,5
<b>T3</b>	McGonigle Charlie GBR (5/11/2017)	240	McGonigle Charlie GBR (5/11/2017)	130	McGonigle Charlie GBR (5/11/2017)	272,5	McGonigle Charlie GBR (5/11/2017) 642,5
<b>JR</b>		0		0		0	McGonigle Charlie SCT (28/02/2017) 587,5
<b>SR</b>	Kelly Tom ENG 07/04/2013	312,5	Kevin Koch GER 2017	250,5	Kelly Tom ENG ( 7/4/12 )	320	Kelly Tom ENG ( 7/4/12 ) 835
<b>M1</b>	Küçük Ya ar GER (13/11/2016)	265	Küçük Ya ar GER (13/11/2016)	200	Küçük Ya ar GER (13/11/2016)	278	Küçük Ya ar GER (13/11/2016) 735
<b>M2</b>	Ryan Peter IRE (8/5/16)	240	Ryan Peter IRE (8/5/16)	205,5	Ryan Peter IRE (8/5/16)	255	Ryan Peter IRE (8/5/16) 700
<b>M3</b>	Duncan William USA (27/10/2012)	235		0		0	0
<b>M4</b>		0		0		0	0
<b>M5</b>		0		0		0	0
<b>M6</b>		0		0		0	0
<b>M7</b>		0		0		0	0
<b>M8</b>		0		0		0	0
<b>M9</b>		0		0		0	0
<b>M10</b>		0		0		0	0

## WORLD RECORDS

## MEN + 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
<b>T1</b>		147,5		105		165	417,5
<b>T2</b>	McGonigle Charlie GBR (26/02/2017)	210	McGonigle Charlie GBR (26/02/2017)	125	McGonigle Charlie GBR (26/02/2017)	252,5	McGonigle Charlie GBR (26/02/2017) 587,5
<b>T3</b>	McGonigle Charlie GBR (5/11/2017)	240	Newton Joe USA 2009	172,5	McGonigle Charlie GBR (5/11/2017)	272,5	McGonigle Charlie GBR (5/11/2017) 642,5
<b>JR</b>		202,2	Nickless Pete USA 1998	185		225	McGonigle Charlie SCT (28/02/2017) 587,5
<b>SR</b>	Deleon Rich USA 2008	315	Kevin Koch GER 2017	250,5	Kelly Tom ENG ( 7/4/12 )	320	Kelly Tom ENG ( 7/4/12 ) 835
<b>M1</b>	Deleon Rich USA 2008	315	Deleon Richard USA 2008	202,5	Küçük Ya ar GER (13/11/2016)	278	Deleon Richard USA 2008 795
<b>M2</b>	Patrow Dean CAN 2001	300	Ryan Peter IRE (8/5/16)	205,5	Patrow Dean CAN 2001	265	Patrow Dean Can 2001 752,5
<b>M3</b>	Duncan William USA (27/10/2012)	235	Duncan William USA (27/10/2012)	132,5	Duncan William USA (27/10/2012)	235	Duncan William USA (27/10/2012) 602,5
<b>M4</b>	Duncan William USA 2015	230	Duncan William USA 2015	127,5	Duncan William USA 2015	222,5	Duncan William USA 2015 547,5
<b>M5</b>		175		125		195	495
<b>M6</b>		157,5		117,5		175	450
<b>M7</b>		142,5		100		157,5	400
<b>M8</b>		127,5		90		142,5	360
<b>M9</b>		115		82,5		127,5	325
<b>M10</b>		105		75		115	295